

YOU ARE NOT ALONE!

CARING AND SHARING



A support group for family and friends of those coping with a mental illness

No registration required. Drop-ins welcome. Open for anyone who knows someone with a mental illness.

Location: North East Community Center in Regina
160 Broad Street (in back of Imperial School)

For more information please call [1 \(306\) 584-2620](tel:13065842620)

Monday	January 30	7pm
Monday	February 27	7pm
Monday	March 27	7pm
Monday	April 24	7pm
Monday	May 29	7pm
Monday	June 26	7pm



SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN
A REASON TO HOPE. THE MEANS TO COPE.