

## Consider Volunteering for the Partnership Program

If you have schizophrenia or a major mental illness, or are a family member willing to share your story, we encourage you to contact us about joining the Partnership team. We need mental health professionals to join in the fight against stigma and present the facts about mental illness.

We have very flexible hours and work within your schedule.

## Mental Health Facts

- 1 in 4 people will experience a mental illness at some point in their life
- 2 in 3 people suffer in silence fearing judgment and rejection
- 46% of Canadians think people use the term mental illness as an excuse for bad behaviour
- 27% say they would be fearful of being around someone who suffers from serious mental illness
- Only 1 person out of 5,000 people with schizophrenia commits violent crime. This is the same rate as the general population
- People with schizophrenia are 2.5 times more likely to become victims of crime
- Suicide accounts for 24% of all deaths among 15-24 year-olds and 16% among 25-44 year-olds
- For every \$1 spent in mental health care \$7 in economic, justice, and social costs are saved
- Only 5% of Saskatchewan's health care budget is spent on mental health, this is 2% below the national average

## People Helping People

The Schizophrenia Society of Saskatchewan is a non-government agency whose mission is to improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy, and research.



**To book a presentation or volunteer for the Partnership Program contact:**

### **Schizophrenia Society of Saskatchewan**

#### **Regina & surrounding area call:**

**Tanya Condo at:** 306-584-2369  
Visit: 1311 Saskatchewan Dr.  
Mail: P.O. Box 305 Regina, SK S4P 3A1  
Email: [tanya@schizophrenia.sk.ca](mailto:tanya@schizophrenia.sk.ca)

#### **Saskatoon & surrounding area call:**

**Curtis Harman at:** 306-374-3220  
Visit or Mail: Room 220 - 230 Ave R South  
Saskatoon, SK S7M 2Z1  
Email: [curtis@schizophrenia.sk.ca](mailto:curtis@schizophrenia.sk.ca)

#### **Rural presentations call:**

**Sean Barschel at:** 306-584-2620  
Visit: 1311 Saskatchewan Dr.  
Mail: P.O. Box 305 Regina, SK S4P 3A1  
Email: [sean@schizophrenia.sk.ca](mailto:sean@schizophrenia.sk.ca)

#### **Website and Toll Free Telephone Number:**

[www.schizophrenia.sk.ca](http://www.schizophrenia.sk.ca)  
**Provincial Toll Free Number:** 1-877-584-2620

The Partnership Program is financially supported by the Saskatchewan Ministry of Health and through private donations.



A REASON TO HOPE. THE MEANS TO COPE.  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN  
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN  
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

# Partnership Program Informational Brochure



The Partnership Program is a stigma busting public awareness program designed to promote treatment and recovery from schizophrenia and major mental illnesses.

## What is the Partnership Program?

Developed in 1998, the Partnership Program is a stigma busting public awareness program designed to promote treatment and recovery from schizophrenia and major mental illnesses. Over 100 people in our province share their experience with numerous audiences to promote treatment and recovery from mental illness.

It is called a “Partnership” Program because it is a partnership between people directly affected by mental illness, the family members, and health care professionals. It was designed in part this way to bridge the gaps between these groups and encourage further understanding, communication and stigma reduction.

## What Can I Expect at a Partnership Program Presentation?

A standard presentation takes one hour. The panel usually consists of 3 people. A person living with a mental illness shares their story of recovery. A family member outlines the impact the illness has on the family. A mental health professional provides a clinical overview of schizophrenia and major mental illnesses and how to access help. Sometimes the format of the presentation changes due to the availability of presenters.

An extended presentation takes 90 minutes and can include another presenter living with a different mental illness and provides time to do an auditory hallucinations exercise.

You can speak with a coordinator about how we may be able to tailor presentations to fit the needs of your group such as Telehealth in remote areas.

## Goals of the Program

- To reduce stigma and misconceptions associated with schizophrenia and major mental illnesses.
- To promote schizophrenia and major mental illness as treatable and to show the general public that recovery is possible.
- To encourage treatment and early intervention.
- Encourage people with the lived experience to share their story of recovery to reduce fear and increase public perception of people with mental illness.

## Target Audiences

- Youth in the school systems and their teachers
- Community Agencies, Service Providers and Health Care Providers, through in-service training
- People who are directly affected by mental illness and their family members and friends
- Police Officers and RCMP Recruits
- Universities and Colleges including Nursing and Medical Students
- Corporations and Businesses
- Church Ministries and Groups
- Justice System and Corrections
- Drug and Alcohol Treatment Centres

## *If you would like to book a presentation:*

**In Saskatoon call Curtis at 306-374-3220  
Or by email at: [curtis@schizophrenia.sk.ca](mailto:curtis@schizophrenia.sk.ca)**

**In Regina call Tanya at 306-584-2369  
Or by email at: [tanya@schizophrenia.sk.ca](mailto:tanya@schizophrenia.sk.ca)**

**Or call toll free provincially at 1-877-584-2620**

## What our Audiences Say

- It made me be more understanding of people with mental illness – High School Student
- I have a better understanding of the illness and effects – RCMP Cadet
- You are very brave and strong, you are some of the greatest heroes I have ever had the pleasure to meet – University Student
- Your presentation was insightful and hopeful – Teacher
- The more awareness and education we give, the better our society will be - Teacher
- The personal experiences shared were nothing but amazing information that can/will help shape us into the caring and compassionate nurses we strive to become – Nursing Student
- The presentation is always a highlight for my students every year. My students said it was the best presentation of the year – University Professor
- I learned today that schizophrenia is not a split or multiple personality. Before today I feared people with mental illness but now I don't – High School Student
- Thank you for bringing a speaker with bipolar disorder and depression to the hospital to present as a lot of our patients have these disorders – Hospital Staff Member
- Your presentation has given me hope that I no longer have to suffer silently from mental illness and addictions – Detox Client