

# Schizophrenia Society of Saskatchewan

## 2015 Annual General Meeting

(For fiscal year April 1, 2014 to March 31, 2015)

Travelodge Hotel & Conference Centre

June 16, 2015



A REASON TO HOPE. THE MEANS TO COPE.  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN  
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN  
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

# SSS Annual Report

## 2014 - 2015

### 2014 – 2015 Board of Directors

Vonni Widdis – President, Regina  
Melanie McLeod – Vice President, Regina  
Gayle Schwickrath – Treasurer, Regina  
Maria Alvarez, Regina  
Joan Baylis, Regina  
Gloria Goodman, Saskatoon  
Kerri Hysuick, Regina  
Marie Knutson, Eston  
Kayla Lerat, Regina  
Scott Masson, Regina

### Staff

Anita Hopfauf, Executive Director  
Ann Walker, Executive Assistant  
Tanya Condo, Partnership Program Coordinator  
Curtis Harman, Partnership Program Coordinator  
Lorelei Johns, Bookkeeper  
Shaun Schiller, Data Entry Specialist

The Schizophrenia Society of Saskatchewan (SSS) is pleased to work with our 2 Chapters, Regina and Saskatoon.

**We work together:**

To improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy and research.

### Schizophrenia Society of Saskatchewan Award Winners 2014-2015

#### Rays of Hope Award

- Marie Knutson
- Vonni Widdis

#### Dr. Lionel and Mrs. Mary Hastings Award

- Dr. Fern Stockdale-Winder

#### Community Spirit Award

- Western Litho Printers Ltd.

# *Table of Contents*

Proposed Agenda	3
Meeting Minutes from September 29, 2014	4
Provincial President's Report	5
Executive Director's Report	6
Chapter Reports	
Regina Chapter Report	7
Saskatoon Chapter Report	8
Treasurer's Report	9
Auditor's Report	10
National Board Representative's Report	11
Partnership Program Report	12
Strengthening Families Together Program Report	14
Your Recovery Journey Program Report	15
Healing Through Humour Program Report	16
Committees Report	17
Nominations Committee Report	18
Biographies of Nominees	20

ANNUAL MEMBERSHIP MEETING  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN, INC.  
TUESDAY, JUNE 16, 2015  
TRAVELODGE HOTEL & CONFERENCE CENTRE

**PROPOSED AGENDA**

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1. *Welcome and call to order*
2. *Accept September 29, 2014 minutes as circulated*
3. *Business arising out of old minutes*
4. *Call for other business to be added to the agenda*
5. *Reports*
  - 5.1 *Provincial President's Report*
  - 5.2 *Executive Director's Report*
  - 5.3 *Chapter President's Reports*
    - i. *Regina*
    - ii. *Saskatoon*
  - Motion** to accept reports 5.1 – 5.3:
  - 5.4 *Treasurer's Report*  
**Motion:**
  - 5.5 *Auditor's Report*  
**Motion:**
  - 5.6 **Motion to:** *Appoint auditor for 2015-16 year*
  - 5.7 *National Representative's Report*
  - 5.8 *Partnership Program Report*
  - 5.9 *Strengthening Families Together Program Report*
  - 5.10 *Your Recovery Journey Report*
  - 5.11 *Healing Through Humour Report*
  - 5.12 *Committees Report*
  - Motion** to accept reports 5.7 – 5.12
  - 5.13 *Nominations Committee Report*  
**Motion:**
6. *Other business*
7. *Adjournment*

ANNUAL MEMBERSHIP MEETING  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN, INC.  
SEPTEMBER 29, 2014  
DOUBLETREE BY HILTON

**MEETING MINUTES**

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**Meeting Minutes taken by: Ann Walker, Pat Bryson**

1. Welcome and call to order on September 29, 2014 at 12:05p.m. by Vonni Widdis – President, SSS Inc.
2. **Motion** to accept June 28, 2013 minutes as circulated – Dean Ast. Mike Gardiner: Carried.
3. Chair called for other business arising out of old minutes. Nothing added or changed.
4. Chair called for other business to be added to the agenda. Nothing added or changed.
5. Reports:
  - a. Provincial Presidents Report – Vonni Widdis
  - b. Chapter Presidents Report
    - i. Saskatoon – Kevin Crickett
    - ii. Regina – Mike Gardiner
  - c. Executive Directors Report – Anita Hopfauf

**Motion** to accept 4 reports. – Joan Baylis. Kevin Crickett: Carried.

  - d. Treasurer’s Report – Joan Baylis.

**Motion** to accept Treasurer’s Report – Joan Baylis. Kerri Hysuick: Carried.

  - e. Auditor’s Report – Joan Baylis.

**Motion** to accept Auditor’s Report – Joan Baylis. Gayle Schwickrath: Carried.

**Motion** to appoint auditor for the 2014-2015 year, Virtus Group – Gloria Goodman.  
Caryl Gardiner: Carried

  - f. National Representative’s Report – Anita Hopfauf.
  - g. Partnership Program Report – Curtis Harman
  - h. Strengthening Families Together Program Report – Anita Hopfauf
  - i. Your Recovery Journey Report – Anita Hopfauf
  - j. Healing Through Humour Report – Ian Morrison
  - k. Committees Update Report – Anita Hopfauf

**Motion** to accept all reports as presented – Mike Gardiner. Maria Alvarez: Carried
6. Nominations Committee Report presented by Dean Ast.
  - a. Dean asked for any other nominations from the floor. None presented.
  - b. **Motion** for a resolution to authorize Director Joan Baylis to stand for a fifth 2-year term – Pat Bryson. Terri Sleeva: Carried.
  - c. The proposed slate of the Board of Directors for the SSS for 2014-2015 was accepted as presented.
7. Other Business. None presented.
8. **Motion** to adjourn – Dean Ast: Carried
  - a. Meeting closed by Vonni Widdis at 1:00 p.m.

## *Provincial President's Report*

It is with a certain amount of sadness that I present my President's report. The years I have been involved with the Schizophrenia Society of Saskatchewan have been a joy for me.

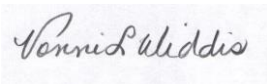
I first fell in love with what happens here through storytelling while doing some video work for the SSS. The video we made was called ***Dancing in the Rain*** and documented one man's struggles with schizophrenia, addiction, poverty and homelessness. What I was introduced to at that time was a group of passionate people whose goal was to empower and support others; addressing each need with skill and compassion. Not long after that I became a board member in 2012.

I have had the honor of being part of a team of people who work to develop a solid foundation from which the staff and volunteers of the Schizophrenia Society of Saskatchewan can continue to work to achieve the Mission: *to improve the quality of life for those affected by Schizophrenia and psychosis through education, support programs, public policy and research.*

As well as working with amazingly committed people, I have learned a great deal in the past two years in the role of President. This year the board and staff worked together to develop a 3-year strategic plan that will keep the organization strong as the field of mental health changes and the Schizophrenia Society of Saskatchewan is called to meet even greater needs within the community.

Although my time on the board must come to an end, my interest in the working of the organization will not. Thank you to the board of directors as well as the staff and volunteers that I have met and worked with. You have all enriched my life.

Sincerely,



Vonni Widdis,  
President  
Schizophrenia Society of Saskatchewan

## *Executive Director's Report*

One of the many highlights of the year was the release of the 10 year provincial Mental Health and Addictions Action Plan (MHAAP). This is an inter-ministerial, patient first approach to strengthening services for people across the province. The Ministry of Health will lead the action plan along with the Ministries of Education, Social Services, and Justice (including Corrections and Policing).

Dr. Fern Stockdale-Winder worked extremely hard as the Commissioner of this Action Plan along with a dedicated team at Saskatchewan Health. Fern has been a long time presenter on our Saskatoon Partnership Program team as a Mental Health Professional. The SSS was actively involved in the consultation phase, and we were very happy with the recommendations set out in the plan. My hopes are the new action plan will help to make much needed improvements where our mental health and addictions services are lacking.

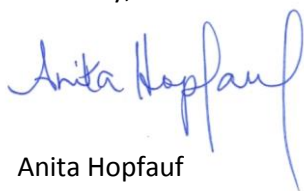
I believe a real focus needs to be given to find ways to increase the mental health budget in our province from the 5% it currently receives which is the lowest in Canada. This is very good reason for some of the serious cracks we have in our system. Other provinces have at least 9% of the health budget going towards mental health and addictions. Getting an extra 4% increase could mean some of these recommendations could be realized. I believe the desire to make things better is there, but the resources aren't.

I would like to thank our dedicated full-time, part-time and contractual staff for their hard work and perseverance over the past year. Like many other mental health organizations we also lack resources. It has been very difficult for our small staff to meet the growing demands on our services across the province and it can be very overwhelming; however everyone keeps trying their best to keep up with the requests for our help. I sincerely appreciate each and every one of you for continuing to push through in our busy work environment!

I want to say thank-you to our Regina and Saskatoon Chapter Presidents and board members for their continued volunteerism, hard work and commitment to our mandate, and also to our fantastic volunteers; we would not be able to do everything we do without their assistance.

Last, but not least I want to thank our wonderful Board of Directors for all of their support, hard work and dedication. I would like to thank Vonni Widdis for her hard work, compassion, time and generosity as our Board Chair for the past two years and will miss her and our other wonderful board members who will be leaving us this year. It's always so hard to see great people go. I appreciate the professionalism, compassion, knowledge and expertise that each of our board members bring to our organization.

Sincerely,



Anita Hopfauf  
Executive Director  
Schizophrenia Society of Saskatchewan

# Chapter Reports

## REGINA CHAPTER

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### PRESIDENT'S REPORT

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN  
REGINA CHAPTER  
YEAR ENDING MARCH 31, 2015

This year we were fortunate enough to have three new directors join our team. They are Quinn Schwickrath, Lacey Bennett and David Field. Along with the addition of new Directors we planned and organized a new event that many of our organizations were able to attend as well as participate in. This event was a Chili Night which was held on a Chilly night in February. All of the directors as well as staff from the Provincial office chipped in by making a big pot of chili and then we held an entertainment night at the Cathedral Neighbourhood Community Centre. Buns, Salads and Desserts were purchased by the Chapter to make a full meal and then we had some entertainment provided by the Reel Anti-Suppressants Group from the Canadian Mental Health Association Club Room (CMHA-Regina) and a presentation by the Healing Through Humour group. We had a great attendance from the groups that we help support and enjoyed the evening of food, fellowship and entertainment.

We were able to once again help out those in need by supplying a Christmas Care Package for the folks at the CMHA Club Room as well as assisting with food purchases for their daily luncheons. We continue to support the Peer Support Recreation Group with their pizza and coffee outings.

Members of our Chapter continue to attend our monthly Caring & Sharing meetings, Mental Health Coalition meetings and participate as speakers with the Partnership Program.

We did not have a major fundraiser this year but continue to get some funds through coin boxes that we have at drug stores here in the city as well as monies obtained through provincial membership fees.

A big thank you goes out to all Directors of the Regina Chapter as well as management and staff of the Provincial office for your valuable guidance and participation throughout the past year.

Respectfully Submitted,

Mike Gardiner,  
President, Regina Chapter  
Schizophrenia Society of Saskatchewan



## **SASKATOON CHAPTER**

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### ***PRESIDENT'S REPORT***

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN  
SASKATOON CHAPTER  
YEAR ENDING MARCH 31, 2015

In the past year, the Saskatoon Chapter of the Schizophrenia Society of Saskatchewan has continued its two regularly scheduled groups. The first is the Family Support Group, which takes place on the third Monday of the month at the W. A. Edwards Centre and facilitated by Lindsay Katz. The second is the Recreation, Education, and Caring group, which meets several times a month and is facilitated by Tyler Wickett.

We held two major events in the past year. The Walk for Schizophrenia was held in September and was again a successful event. As usual, the event featured live music, a silent auction, a free lunch, and, of course, a walk along near the South Saskatchewan River. Our second major event was the gala, held this past May, which featured a phenomenal performance from Victoria Maxwell and a delicious meal catered by the Travelodge. A huge thanks goes out to all those who helped make these events a success. We will be holding a steak night fundraiser in July and our annual Walk for Schizophrenia will be held September 13th.

A significant accomplishment of the Chapter in the past year was honouring a longstanding commitment to research and contributing \$10,000 towards a research project studying Schizophrenia at the Canadian Light Source at the University of Saskatchewan. This was part of a coordinated effort with the Schizophrenia Research Foundation of Saskatchewan.

The Chapter continues to face a challenge of keeping people involved in the organization, both volunteers and staff. Several different people held our office coordinator position during the year. Thankfully, the position has been stable during the last eight months since hiring Paige Youzwa. We're very glad to have her in the position. Our board of directors has also seen turnover during the past year and we are actively seeking people to join the board.

Respectfully Submitted,

Ryan Dean,  
President, Saskatoon Chapter  
Schizophrenia Society of Saskatchewan

## *Treasurer's Report*

I am pleased to report on the Schizophrenia Society of Saskatchewan's (SSS) unaudited financial statements for the year ending March 31, 2015.

Our organization receives funds for operations from a variety of sources, that being the United Way of Regina, private and public grants, donations, fundraising and Saskatchewan Health, which contributes the majority of our funding. Additionally this year, we were fortunate to partner with Bell Canada to host "Clara's Big Ride", which was a huge success in terms of revenue generation and mental health awareness. Similar to many charities in our province and country, we continue to work hard to maintain and increase our revenue from current and new sources. Given the state of our country as a whole, this is no easy feat. However, revenues collected this year were 98.8% of budgeted revenues, a tremendous tribute to the management and staff of the Society.

Throughout this year, our expenditures were up slightly from last year but still well within the budget established. To achieve this, choices were made to spend in certain areas and relax activities in other program areas. Administrative budgets relating to the major fundraiser "Clara's Big Ride" were increased, which were more than offset by the revenues generated. Due to the time commitment for this major event and other staffing and volunteer challenges, some of the emphasis on other programs was relaxed. This, along with expenditure scrutiny, resulted in the achievement of a small surplus in the expenditure budget.

The Society has reserve funding in the form of bank accounts and conservative, balanced investments with a financial broker. These funds contribute some resources to operations but are positioned to maintain fiscal sustainability for the future. With the strategic management and existence of this fund, the Society can continue to remain fiscally sound and weather the ups and downs that may occur from time to time.

Overall, the Society remains in a strong financial position at the end of the current fiscal year.

Respectfully submitted by,

Gayle E. C. Schwickrath, CPA, CMA,  
Treasurer,  
Schizophrenia Society of Saskatchewan

## *Auditor's Report*

Please see attached documents.

## *National Board Representative's Report*

The Schizophrenia Society of Canada (SSC) board of directors continues to explore options and initiatives to achieve success in contributing to the betterment of the members of the organization. This is a work in progress as SSC continues its mission “to improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy and research.

Last year the Education Committee drafted a business plan for a proposed SSC Radio Show. A motion was made at the March 24<sup>th</sup> meeting that the board approved in principle. Dr. Atherley's **Family Caregivers Unite** radio project, subject to SSC securing the funds required to carry out the project. This motion was carried. One Pharma company showed interest in the SSC Radio Show and sponsored ten shows. Dr. Atherley will be the administrator of the shows, contacting guests and the CEO of SSC; Chris Summerville will make suggestions for topics such as the Schizophrenia Society of Ontario's Forensic Services to Families and will help to locate guests. The first teleconference was held in May with Dr. Atherley discussing the SSC Radio Program and its implementation.

The CEO, board president and other board representatives attended the Champions Dinner put on by the Canadian Alliance on Mental Illness and Health (CAMIMH) in Ottawa during Mental Health Week. It was an opportunity to network with others in the mental health movement.

Interviews were held with CBC Winnipeg and other media outlets regarding offering Vince Li additional freedoms, unescorted visits in Winnipeg and moving to a half-way house in Winnipeg. It should be noted that the CEO also did another CBC Radio interview on the Canadian Journal of Psychiatry's (by Canadian Psychiatric Association) Special Issue: “Not Criminally Responsible on Account of Mental Disorder.

Otsuka Pharmaceuticals is sponsoring Ryan Clarke to prepare an advocacy toolkit for SSC. The intent is for this toolkit to be used by members and supporters of SSC and provincial societies when advocating for access to new medications. Upon its completion it could be published on the SSC website as well as the provincial societies' websites.

Being a Representative on the National Board for the Provincial Society allows me to view “first hand” all the hard work and dedication by the CEO and board members of the Schizophrenia Society of Canada and gives one renewed hope for a better tomorrow.

Submitted by,

Joan Baylis,  
National Representative  
Schizophrenia Society of Canada

## *Partnership Program Report*

The Partnership Program continues to go strong into its 17<sup>th</sup> year. Over the past fiscal year, 336 presentations have been given to 8,825 people throughout Saskatchewan. The Partnership Program teams in Regina and Saskatoon have given a grand total of 3,482 presentations to 91,930 people from January 1<sup>st</sup>, 1998 to March 31<sup>st</sup>, 2015. Nearly one hundred volunteers with mental illness, family members, and mental health professionals have presented in Saskatchewan over the past year.

High School students continue to be our priority target audience as mental illness often develops at this time. 124 presentations to 3,516 students have been given at high schools and elementary schools over the past fiscal year. Numerous presentations were given to University and College audiences at the University of Saskatchewan, the University of Regina, Saskatchewan Polytechnic in Prince Albert, Saskatoon and Regina, Royal West College Saskatoon, and the Saskatoon Indian Institute of Technology to medical students, nursing students, pharmacy students, corrections students, kinesiology students, addictions worker students, anthropology students, psychology students, and youth care worker students.

Presentations were given in areas outside of Regina and Saskatoon including Swift Current, Estevan, Balgonie, Prince Albert, Warman, Martensville, Dalmeny, Nipawin, Clavet, and Osler. Numerous presentations were given to RCMP recruits in Regina, at drug and alcohol rehabilitation centres, homeless shelters, in hospital psychiatric wards, to community based organizations, and a number of other organizations. We continued to reach Aboriginal audiences at the U of R Aboriginal Students Centre, Aboriginal Pre-Policing Program Regina, Saskatchewan Indian Institute of Technology in Saskatoon and Regina, Fox Valley Counselling Regina, and Oskayak First Nations High School Saskatoon. Presentations were also given at Partners in Employment Regina and Corrections Canada Saskatoon as well as at various conferences and mental health events in our communities including the Living with Mental Illness conference in Saskatoon.

Presentations have been given via Telehealth in Saskatoon to health centers in Northern Saskatchewan both in Sandy Bay and Pinehouse Lake. Telehealth is an effective and economical alternative to reach people in remote communities and allows our presenters to speak directly with those in attendance and also to see each other over a television screen while presenting.

A presentation was given at a conference for the Saskatchewan Association of Licensed Practical Nurses in Saskatoon along-side Margaret Trudeau who also shared her story of recovery from bipolar disorder. She joined our panel of speakers to do a voices/hallucinations exercise for the audience to demonstrate how difficult it is for people who experience voices and hallucinations. She commended us for our work.

The Partnership Program wished former Regina program coordinator Jenine LeCuyer well as she left to pursue a different career path in July of 2014. We welcomed Tanya Condo in August of 2014 as the new program coordinator in Regina as she adds her valuable experience. Curtis Harman completed his 13<sup>th</sup> year as program coordinator for Saskatoon and area and overall 16<sup>th</sup> year as a team member.

The Partnership Program in Regina received positive media exposure over the past fiscal year. The Saskatoon team was featured as a cover story on Saskatoon Express newspaper which goes to thousands of households, 650 CKOM radio, Global TV News, CTV News, and the Star Phoenix. Stories of recovery have been featured in media to put forth a positive face of recovery for mental health.

The Mental Health and Addictions Action Plan (MHAAP) for Saskatchewan have cited the SSS's Partnership Program as a best practice stigma reducing program. Recommendations 14.1 in the plan suggest expansion of the delivery of best practice programs shown to reduce stigma. The S.S.S. has asked for increased funding from Saskatchewan Health to expand its Partnership Program to better respond to the immense mental health needs facing provincial citizens not only in our urban centres but also our rural and remote locations.

Much data and audience feedback has been collected by the Partnership Program to show positive outcome measures and how effective the program is. The following percentages show just how strong our impact has been. With respect to our main target of schizophrenia 96% of audience members reported agreeing or strongly agreeing that the presentation raised their awareness and understanding. With respect to the target of *reducing stigma*, 89% of audience members agreed or strongly agreed that they are more likely to help support an individual with a mental illness. In our audience surveys 95% of respondents agreed or strongly agreed that the information provided in the presentations was useful to them. 88% of respondents said the presentations raised their opinion of individuals with schizophrenia, depression and bipolar disorder. 88% of respondents said it is more likely that they would interact positively with an individual that has a mental illness because of this presentation. 83% of respondents said they would not avoid an individual with mental illness after seeing our presentations. Finally, 86% of respondents said they strongly agreed or agree that this presentation has improved their attitude towards mental illness.

Here are just two out of thousands of positive comments on audience surveys from the past year. "The presentations are incredibly valuable for the students, and they are always interested in what the guest speakers from the Schizophrenia Society have to say. It opens up conversations about mental health in a much different way." (University professor) "I used to think that people with schizophrenia and bipolar disorder were all violent and crazy but I have seen today that they are normal people like us who just have an illness. I understand now what they are going through. They are human beings and shouldn't have to deal with the stigma they face on top of their illness." (High school student)

Thank you to our hosts for having us present over the past year and thank you to Saskatchewan Health and our donors for providing continued funding for the Partnership Program. Last but not least thank you to our numerous presenters living with schizophrenia, depression, bipolar disorder, our family member presenters and mental health professionals for giving your time to our efforts to reduce the stigma and misconceptions associated with schizophrenia and related psychosis and for promoting treatment and recovery from mental illness.

Please contact Tanya Condo in Regina at 306-584-2369 or [tcondo@sasktel.net](mailto:tcondo@sasktel.net) or Curtis Harman in Saskatoon at 306-374-3220 or [c.harman@sasktel.net](mailto:c.harman@sasktel.net) if you are interested in joining the Partnership Program team or if you would like to book a presentation.

It is people like you that make the difference!

Sincerely,

Curtis Harman, Partnership Program Coordinator – Saskatoon  
Tanya Condo, Partnership Program Coordinator – Regina

## *Strengthening Families Together Program Report*

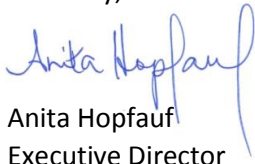
Strengthening Families Together is a National 10-session program about issues that impact people and their families who are living with a mental illness on a daily basis. The program not only talks about schizophrenia, but also clinical depression, bipolar disorder, anxiety disorders, and obsessive-compulsive disorders. The program is designed to provide support, awareness and tools to cope with these mental illnesses.

Strengthening Families Together (SFT) is a program that strengthens the capacities of families to work together towards the recovery of a family member living with mental illness. The program focuses on increasing understanding of the factors that support recovery and well-being. Participants are family members of someone with a mental illness and those that live with mental illness. The course leads participants through a series of modules focused on education, skill development and the recovery model. Facilitators are optimally a family member and a mental health professional. The program was developed by the Schizophrenia Society of Canada and includes established and measurable program outcomes.

The Strengthening Families Together Program was offered in Regina, Swift Current and Moose Jaw this past year. Jenine LeCuyer co-facilitated the program in Regina for the 2<sup>nd</sup> year along with new facilitator Dave Gibson who is a Social Worker at the Regina Mental Health Clinic. Dave replaced Jan Stirr who retired from the Regina Mental Health Clinic and had co-facilitated the program since 2006 when it started here in Regina.

Please feel free to call our office if you would be interested in participating or facilitating this program in your area. We hope to see this program grow all across Saskatchewan.

Sincerely,



Anita Hopfauf  
Executive Director

Schizophrenia Society of Saskatchewan

## *Your Recovery Journey Program Report*

The Your Recovery Journey Program (YRJ) has been running for 6 years in Saskatchewan. The Program is intended to serve the needs of all people who have had experience with mental illness, regardless of their diagnosis or the stage they are at in their recovery. There are significant differences in the symptoms, course of illness, and treatment of different mental illnesses—but the Your Recovery Journey Program cuts across all of these.

Your Recovery Journey is important for several reasons. It builds on the now well-established literature and evidence base for recovery from mental illness, and contributes to the growing number of programs that focus on empowering people to manage their own treatment and recovery journey.

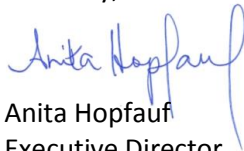
Major topics covered over the 8-10 sessions are explaining what recovery is, quality of life, self-management, medication as a tool for recovery, and personal action planning. The program is designed to be facilitated or co-facilitated by people who themselves have experience with mental illness and have also experienced recovery in their own lives. This “hope in action” approach is a fundamental principle of the program.

- Identify and reach personal goals
- Find meaning and fulfillment in the face of a new reality
- Deal with the effects of stigma
- Establish a positive sense of self and a sense of belonging
- Manage symptoms and medication
- Stay well

A special thanks to our wonderful facilitators of the program. We supported some of our facilitators to go to take the Wellness Recovery Action Plan (WRAP) training this past fiscal year. We think it will enhance the Your Recovery Journey Program to add some components of WRAP.

We would like to thank Merlis Belsher from Saskatoon for his generous donation to help the SSS in continuing to deliver this program in Saskatchewan.

Sincerely,



Anita Hopfauf  
Executive Director  
Schizophrenia Society of Saskatchewan



## *Healing Through Humour Program Report*

Healing Through Humour is a joint project of the Schizophrenia Society of Saskatchewan and the CMHA-Saskatchewan Division. It is designed to teach people living with mental illness and mental health issues the art of comedy. It also breaks down barriers of discrimination and builds self-esteem through public performance.

Ian Morrison, a graduate of the Humber College of Comedy Writing and Performance in Toronto has facilitated the program for 5 years now. Healing Through Humour has performed multiple live shows. The group also produced two films in the summers of 2012 and 2013. During 2014/2015 Healing Through Humour produced a comedy album which was released during Mental Health Week 2015. They also worked on a music video and had a winter variety night at the Austrian Club.

Healing Through Humour holds weekly classes that teach stand-up comedy and joke writing to persons with mental health issues. This is an eight-week course which gives the participants the opportunity to perform in front of a live audience upon completion. This is a fun, supportive group environment that promotes an empowering image of mental health issues.

Future projects moving into 2015/16 include the writing and recording of a second comedy album and videos as well as social media promotion. There will also be two performances in a six month period by members who are already performance ready comedians.

Healing Through Humour is always looking for new members to participate in the program. If you want to keep up to date on the group you can visit: [www.healingthroughhumour.com](http://www.healingthroughhumour.com)

Ian Morrison,

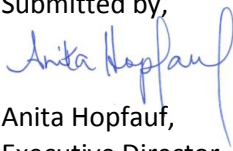
Program Facilitator  
Healing Through Humor

## Committees Report

The Schizophrenia Society of Saskatchewan continues to work closely with many other community partners on a variety of different initiatives and advocacy issues. Over the past year the SSS Executive Director and staff have served on 11 different committees. Each committee is very important to the work of raising awareness and improving Mental Health Services and the quality of life for those living with a mental illness. The following list is the committees we were members of over the past fiscal year:

- Schizophrenia Societies Executive Directors/CEO's Provincial Networking Group
- Disability Income Support Coalition (DISC)
  - *DISC Media Sub-Committee*
- Saskatchewan Mental Health Coalition
- Saskatchewan Mental Health Services Act Advisory Committee
- Mental Health and Addiction Action Plan (MHAAP) - Stakeholders Engagement Sessions
- Approved Home Advisory Council
- Safety, Security and Working Group for the Disability Strategy
- Clara's Big Ride Committee
- Saskatchewan Psycho-Social Rehabilitation Conference Planning Committee
- Living with Mental Illness Workshop Committee

Submitted by,



Anita Hopfauf,  
Executive Director

Schizophrenia Society of Saskatchewan, Inc.

# *Nominations Committee Report*

## **Nominations and Election of the Board of Directors**

*The Board of Directors shall consist of a minimum of six (6) members and a maximum of eleven (11) members, each of whom at the time of his/her election or within ten (10) days thereafter and throughout his/her term of office shall be a member of the Society.*

## **Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2014-2015:**

1. Maria Alvarez
2. Joan Baylis
3. Gloria Goodman
4. Kerri Hysuick
5. Marie Knutson
6. Kayla Lerat
7. Scott Masson
8. Melanie McLeod
9. Gayle Schwickrath
10. Vonni Widdis

## **Current Board members whose terms are continuing:**

- Joan Baylis (will be serving the second year of her fifth term)
- Marie Knutson (will be serving the second year of her second term)
- Melanie McLeod (will be serving the second year of her second term)

## **Current Board members Seeking Re-election for a 2-Year Term:**

- Gloria Goodman
- Kayla Lerat
- Gayle Schwickrath

## **There are 4 board members not continuing terms or seeking re-election:**

- Maria Alvarez
- Kerri Hysuick
- Scott Masson
- Vonni Widdis

(The maximum board membership shall be for three continuous two-year terms unless at an annual general meeting, a resolution approved by the membership allows the term of office or the maximum number of terms of a director or directors beyond these limits).

### **Nominees to the Board of Directors:**

- Ryan Dean
- Mike Gardiner
- Patrick McDougall
- Bruce McKee
- Jan Stirr

### **Proposed Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2015-2016**

1. Joan Baylis
2. Ryan Dean
3. Mike Gardiner
4. Gloria Goodman
5. Marie Knutson
6. Kayla Lerat
7. Patrick McDougall
8. Bruce McKee
9. Melanie McLeod
10. Gayle Schwickrath
11. Jan Stirr

## ***Biographies of Nominees***

### **Ryan Dean**

Ryan Dean was born in and raised in Saskatoon. He completed degrees in Mathematics and Computer Science in 2006 and 2009. After graduation, Ryan lived in the United States and China before returning to Saskatoon in 2011. Currently, he works for the University of Saskatchewan as a tutor for the Mathematics and Statistics Help Centre, the Aboriginal Student Centre, Disability Services for Students, and the Native Access to Nursing Program. He also tutors privately and does consulting work regarding English language and typesetting issues in scientific academic writing.

Ryan first attended the Walk for Schizophrenia as a child with his grandmother. He has been a volunteer with the Saskatoon Chapter of the Schizophrenia Society of Saskatchewan since 2011, both serving on the board of directors and as a member of the Walk organizing committee. He has been the Treasurer of the board since 2012 and the President since 2014.

### **Mike Gardiner**

Born and raised here in Saskatchewan spending most of his years in Regina following a move from his home town of Lemberg. He spent his teen years in Bienfait and graduated from Estevan Comprehensive in 1975. Mike and his wife Caryl, also from Regina, moved to Ontario in 1987 living in London for two years and 15 in the community of Dutton-Dunwich. Mike served on the municipality's council and while living in Dutton was President of the Local Lions Club and director of the local Chamber of Commerce. While living in Dutton they operated a Bed & Breakfast out of their home.

Mike and Caryl moved back to Regina in 2003 to be closer to family after Caryl had been diagnosed with Psychosis, NOS. Both Mike and Caryl would eventually seek guidance through the provincial office of the Schizophrenia Society of Saskatchewan by attending the Strengthening Families Together program which then led Mike to join the Caring & Sharing program and then to the Regina Chapter to serve as President for the past five years. Mike's wife Caryl now officially diagnosed with Schizophrenia also volunteers as a Chapter Board member, facilitates the Peer Support Rec Group and is a speaker with the Partnership Program.

Mike's work background consists of many years in the customer service field working for several years in Regina's Hotel Industry, office administration and retail management. Currently he is employed as a Customer Service Specialist at the Staples Call Centre and Bartender at Evraz Place, Regina Exhibition Park.

Mike also has a long family history of Bipolar Disorder.

### **Bruce McKee**

Born in Montreal and lived in England, Scotland and the US before returning to Canada in 1969. Bruce has Master's degrees in Economics and Ed Psychology.

Recently retired civil servant with the Ministry of Health where he worked for 25 years, first as the Director of Psychiatric Rehabilitation and then as a Programs Consultant with the Community Care Branch in the Mental Health and Addictions Unit. Prior to joining the Ministry Bruce worked with CMHA as the Programs Manager of the Regina Branch served on the Board of Phoenix Residential Society and was founding member of the Schizophrenia Society of Saskatchewan. He also taught with the Dumont Institute in Cumberland House and served with CUSO for 5 years in Tanzania and Mozambique.

During Bruce's time at the Ministry of Health he worked on the redevelopment of Saskatchewan Hospital North Battleford and the revisions to the 2015 revisions to the Mental Health Services Act and Regulations. He also served as the Saskatchewan representative to the Mental Health Commission of Canada for the development of the national strategy for Mental Health.

Bruce has one son who lives in New York City where he practices law.

### **Jan Stirr**

Jan is a retired Social Worker who was born and raised in Regina. She received her Bachelor of Arts Degree, Major in Psychology from the U of S, Regina campus in 1973 and then went on to get her Social Work degree from the University of Regina in 1975.

Jan's work history includes: 6 years as a Medical Social Worker at Wascana Rehabilitation Centre, 4 years in a Child Abuse Clinic at the RGH, 1 year at Child and Youth Services and 23 years on the Rehab Services Team at the Regina Mental Health Clinic. During her time at the Clinic, Jan held the team leader position, supervised many Social Work students, helped to organize in-service training for clinic staff and for 17 years, she acted as the Clinic's liaison with the Schizophrenia Society of Saskatchewan. For 7 of those years, she was actively involved with the Regina Chapter and then for 10 years, she co-facilitated the SSS-Strengthening Families Together Psycho-Education program.

Jan is married with 2 daughters, 1 grandchild and a second on the way. Over the years, she has enjoyed doing volunteer work with numerous organizations and is happy to put her name forward to be a board member for the Schizophrenia Society of Saskatchewan.

### **Patrick McDougall**

Patrick is in private practice as a criminal lawyer in Saskatoon. He has an interest in mental health law and works on a pro bono basis with many indigent clients. Prior to going into private practice, Patrick worked at the W LAW Group (previously Woloshyn & Co.) in Saskatoon as an associate, he also articulated with that same firm.

After a 35 year career in the communication and professional sports business, Patrick graduated from the University of Saskatchewan, College of Law in 2010.

Prior to law school Patrick was the Chief Executive Officer for the following organizations, Affinity Radio Group Inc., the SkyDome Corporation, NetStar Inc, BBDO World Wide, and the Association of Canadian Advertisers Inc.

From 1980 until 1989 Patrick was involved in the commercial communications business in several countries and spent four years (1978 through 1982) seconded to the Prime Minister's Office as Director General of the unit responsible for the Patriation process of the Canadian Constitution and the *Charter of Rights and Freedoms*.

Born in Saskatoon, Saskatchewan, Patrick grew up in Alberta and has lived most of his adult life in several Canadian and international cities.

Today Patrick enjoys a rural life, on his acreage west of Saskatoon.

**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.**

**REGINA, SASKATCHEWAN**

**CONSOLIDATED FINANCIAL STATEMENTS  
AS AT MARCH 31, 2015**



**MANAGEMENT'S RESPONSIBILITY FOR  
FINANCIAL STATEMENTS**

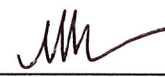
The accompanying consolidated financial statements of **Schizophrenia Society of Saskatchewan Inc.** have been prepared by the Society's management in accordance with Canadian accounting standards for not-for-profit organizations and necessarily include some amounts based on informed judgement and management estimates.

To assist management in fulfilling its responsibilities, a system of internal controls has been established to provide reasonable assurance that the financial statements are accurate and reliable and that assets are safeguarded.

The board of directors has reviewed and approved these financial statements.

These financial statements have been examined by the independent auditors, **Virtus Group LLP**, and their report is presented separately.

  
\_\_\_\_\_  
**Executive Director**

  
\_\_\_\_\_  
**President**

## INDEPENDENT AUDITORS' REPORT

To the Members

**Schizophrenia Society of Saskatchewan Inc.**

We have audited the accompanying consolidated financial statements of **Schizophrenia Society of Saskatchewan Inc.** which comprise the consolidated statement of financial position as at March 31, 2015, and the statements of operations, changes in fund balances and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

### *Management's Responsibility for the Consolidated Financial Statements*

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

### *Auditors' Responsibility*

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those assessments, the auditor considers internal control relevant to the Society's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

### *Basis for Qualified Opinion*

In common with many not-for-profit organizations, the Society derives revenue from donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Society and we were not able to determine whether any adjustments might be necessary to donation revenue, excess of revenue over expenses, current assets or fund balances.

### *Qualified Opinion*

In our opinion, except for the effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of the Society as at March 31, 2015 and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

**September 2, 2015**

**Regina, Saskatchewan**

  
**Chartered Professional Accountants**

**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.**  
**CONSOLIDATED STATEMENT OF FINANCIAL POSITION**  
**AS AT MARCH 31, 2015**  
(with comparative figures for 2014)

**ASSETS**

	<b><u>Operating Fund</u></b>	<b><u>Reserve Fund</u></b>	<b><u>Total 2015</u></b>	<b><u>Total 2014</u></b>
<b>Current assets</b>				
Cash	\$ 171,942	\$ -	\$ 171,942	\$ 207,356
Investments (Note 3)	78,291	232,491	310,782	264,052
Accounts receivable	10,354	1,100	11,454	12,505
Prepaid expenses	474	-	474	1,299
Due from Schizophrenia Research Foundation Saskatchewan	-	-	-	277
	<u>\$ 261,061</u>	<u>\$ 233,591</u>	<u>\$ 494,652</u>	<u>\$ 485,489</u>

**LIABILITIES**

<b>Current liabilities</b>				
Accounts payable and accrued liabilities	\$ 14,461	\$ -	\$ 14,461	\$ 5,732
Deferred revenue	2,399	-	2,399	6,754
	<u>16,860</u>	<u>-</u>	<u>16,860</u>	<u>12,486</u>

**FUND BALANCES**

<b>Internally restricted</b>	<u>244,201</u>	<u>233,591</u>	<u>477,792</u>	<u>473,003</u>
	<u>\$ 261,061</u>	<u>\$ 233,591</u>	<u>\$ 494,652</u>	<u>\$ 485,489</u>

**APPROVED BY THE BOARD:**

 Director

 Director

**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.  
CONSOLIDATED STATEMENT OF CHANGES IN FUND BALANCES  
FOR THE YEAR ENDED MARCH 31, 2015  
(with comparative figures for the year ended March 31, 2014)**

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	<b><u>Operating Fund</u></b>	<b><u>Reserve Fund</u></b>	<b><u>Total 2015</u></b>	<b><u>Total 2014</u></b>
<b>Fund balances - beginning of year</b>	\$ 266,316 \$	206,687 \$	473,003 \$	399,561
<b>Excess (deficiency) of revenues over expenses</b>	(9,480)	14,269	4,789	73,442
<b>Transfer from operating to reserve</b>	(12,635)	12,635	-	-
<b>Fund balances - end of year</b>	<u>\$ 244,201 \$</u>	<u>233,591 \$</u>	<u>477,792 \$</u>	<u>473,003</u>

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**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.**  
**CONSOLIDATED STATEMENT OF OPERATIONS**  
**FOR THE YEAR ENDED MARCH 31, 2015**  
(with comparative figures for the year ended March 31, 2014)

	<u>Operating Fund</u>	<u>Reserve Fund</u>	<u>Total 2015</u>	<u>Total 2014</u>
<b>Revenues</b>				
Grants: Province of Saskatchewan \$	232,292 \$	-	232,292 \$	229,992
Donations and memberships (Note 4)	106,002	-	106,002	65,541
United Way	28,397	-	28,397	29,591
Other revenue	24,030	12,468	36,498	105,726
	<u>390,721</u>	<u>12,468</u>	<u>403,189</u>	<u>430,850</u>
<b>Expenses</b>				
Advertising and publications	5,083	-	5,083	8,407
Awareness	39,965	-	39,965	32,087
Bank charges and interest	1,193	-	1,193	771
Board expenses	8,457	-	8,457	4,856
Insurance	1,827	-	1,827	1,907
Office and general	29,797	-	29,797	27,576
Partnership program Regina	44,250	-	44,250	44,502
Partnership program Saskatoon	67,277	-	67,277	63,526
Professional fees	20,954	-	20,954	20,178
Rent	25,434	-	25,434	25,513
Repairs and maintenance	550	-	550	977
Telephone	9,789	-	9,789	7,988
Travel	4,361	-	4,361	3,419
Utilities	1,961	-	1,961	1,628
Wages and benefits	139,303	-	139,303	127,247
	<u>400,201</u>	<u>-</u>	<u>400,201</u>	<u>370,582</u>
<b>Excess (deficiency) of revenues over expenses from operations</b>	<b>(9,480)</b>	<b>12,468</b>	<b>2,988</b>	<b>60,268</b>
<b>Other income</b>				
Unrealized gain on investments	-	1,801	1,801	13,174
<b>Excess (deficiency) of revenues over expenses</b>	<b>\$ (9,480)</b>	<b>\$ 14,269</b>	<b>\$ 4,789</b>	<b>\$ 73,442</b>

**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.**  
**CONSOLIDATED STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED MARCH 31, 2015**  
(with comparative figures for the year ended March 31, 2014)

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	<u>2015</u>	<u>2014</u>
<b>Cash provided by (used in) operating activities:</b>		
Excess of revenues over expenses	\$ 4,789	\$ 73,442
Non-cash operating working capital:		
- Accounts receivable and prepaid expenses	2,153	(362)
- Accounts payable and accrued liabilities	8,729	(5,250)
- Deferred revenue	(4,355)	(11,695)
	11,316	56,135
<b>Cash provided by (used in) financing activities:</b>		
Net change in investments	(46,730)	24,819
<b>Increase (decrease) in cash</b>	(35,414)	80,954
<b>Cash position - beginning of year</b>	207,356	126,402
<b>Cash position - end of year</b>	\$ 171,942	\$ 207,356

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**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.**  
**NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED MARCH 31, 2015**  
**(with comparative figures for the year ended March 31, 2014)**

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**1. Purpose of the organization**

The Society was incorporated in the Province of Saskatchewan under the *Non-Profit Corporations Act* without share capital. The purpose of the Society is to provide education and encourage research into schizophrenia and provide help for individuals and family members who are afflicted with schizophrenia. The Society is exempt from taxation under section 149(1)(f) of the *Income Tax Act*.

**2. Summary of significant accounting policies**

The financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations which required management to make estimates and assumptions that affect the reported amount of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amount of revenues and expenses during the period. These estimates are reviewed periodically, and, as adjustments become necessary, they are reported in earnings in the period in which they become known. The financial statements reflect the following policies:

**Basis of consolidation**

These financial statements include the activities of Schizophrenia Society Saskatchewan, and the Regina and Saskatoon chapters. All other local Saskatchewan chapters are independent of the Society and therefore, those financial activities are not reflected in these financial statements.

**Fund accounting**

The Society follows the restricted fund method of accounting.

The Operating Fund accounts for the Society's administration activities and certain program delivery. It reports unrestricted resources and certain restricted operating grants. Transfers from this fund are made at the direction of the Board of Directors.

The Reserve Fund segregates invested resources arising from prior surplus revenues.

**Equipment**

Equipment assets are expensed in the year purchased.

**Revenue recognition**

Unrestricted contributions are recognized as revenue in the the appropriate fund in the year received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Restricted contributions, for which no separate fund exists, are deferred until the year that the related restrictions are fulfilled, at which time they are recognized as revenue.

**Contributed services**

Volunteers contribute many hours each year to assist the Society in carrying out its delivery activities. These contributions are not recognized in the financial statements as the fair value of these donated services are not reasonably determinable.

**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.**  
**NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED MARCH 31, 2015**  
(with comparative figures for the year ended March 31, 2014)

**2. Significant accounting policies (continued)**

**Financial instruments - recognition and measurement**

Financial assets and financial liabilities are recorded on the statement of financial position when the Society becomes party to the contractual provisions of the financial instrument. All financial instruments are required to be recognized at fair value upon initial recognition, except for certain related party transactions. Measurement in subsequent periods of equity instruments is at fair value. All other financial assets and financial liabilities are subsequently measured at amortized cost adjusted by transaction costs, which are amortized over the expected life of the instrument.

Fair value is the amount at which a financial instrument could be exchanged at arm's length between willing, unrelated parties in an open market. Changes in fair values of financial assets and financial liabilities measured at fair value are recognized in excess of revenues over expenses.

When there is an indication of impairment and such impairment is determined to have occurred, the carrying amount of financial assets measured at amortized cost is reduced to the greater of the discounted cash flows expected or the proceeds that could be realized from sale of the financial asset. Such impairments can be subsequently reversed if the value improves.

**3. Investments**

	<b><u>2015</u></b>	<b><u>2014</u></b>
<b>Investments measured at fair value:</b>		
CI Canadian Dividend Fund	\$ 7,747	\$ 7,633
Mackenzie Sentinel Income Fund	50,439	46,085
Manulife Financial Corporation common stocks	32,265	31,980
Franklin Mutual Global Disc	21,049	
	111,500	85,698

At March 31, 2015, the cost base of investments measured at fair value is \$89,882 (2014 - \$65,880).

**Investments measured at cost:**

Corporate Bonds	120,990	120,990
Term Deposits	50,292	29,364
Canada Savings Bonds	28,000	28,000
	199,282	178,354
	\$ 310,782	\$ 264,052

At March 31, 2015, the market value of investments measured at cost is \$211,972 (2014 - \$189,696).

**4. Donation and membership revenues**

	<b><u>2015</u></b>	<b><u>2014</u></b>
Donations	\$ 102,450	\$ 64,403
Memberships	3,552	1,138
	\$ 106,002	\$ 65,541



**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.**  
**NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED MARCH 31, 2015**  
**(with comparative figures for the year ended March 31, 2014)**

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**5. Financial risk management**

The Society has a risk management framework to monitor, evaluate and manage the principal risks assumed with financial instruments. The significant financial risks to which the Society is exposed are:

**Liquidity risk**

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Society's exposure to liquidity risk is dependent on the receipt of funds from its operations, donations, and grants. Funds from these sources are primarily used to finance working capital and are considered adequate to meet the Society's financial obligations.

**Price risk**

Price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. The Society's investments in publicly traded securities expose the Society to market price risk as such investments are subject to price changes in the open market. The Society does not use any derivative financial instruments to alter the effects of this risk.

**6. Economic dependence**

Approximately 57% (53% in 2014) of the Society's revenues are derived from the Province of Saskatchewan. As a result, the Society is dependent upon the continuance of these grants to maintain operations at their current level.

**7. Comparative figures**

Certain comparative figures have been reclassified to conform with the presentation in the current year.

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