# SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN ANNUAL REPORT 2015 - 2016

#### 2015 - 2016 BOARD OF DIRECTORS

Melanie McLeod President, Regina

Gloria Goodman Vice President, Saskatoon

Joan Baylis Treasurer, White City

Janet Barber Regina Beach

Ryan Dean Saskatoon

Mike Gardiner Regina

Marie Knutson Eston

Bruce McKee Regina

Jan Stirr Regina

#### **STAFF**

Anita Hopfauf Executive Director

Anthony Elsom Acting Executive Assistant

Tanya Condo Partnership Program Coordinator

Curtis Harman Partnership Program Coordinator

Debbie Head Bookkeeper

Shaun Schiller Data Entry Specialist

Maria Alvarez Personal Support Worker

#### **Our Mission Is:**

To improve the quality of life for those affected by schizophrenia and psychosis through education, support programs, public policy and research.

SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN AWARD WINNERS 2015 - 2016

RAYS OF HOPE AWARD Recipient:

- Gloria Goodman
  - Renu Kapoor

DR. LIONEL AND MRS. MARY HASTINGS

AWARD Recipient:

• Dr. Charles Messer

COMMUNITY SPIRIT AWARD

Recipient:
• The Regina Pats

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# ANNUAL MEMBERSHIP MEETING SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN, INC.

#### TUESDAY, JUNE 16, 2015

#### TRAVELODGE HOTEL & CONFERENCE CENTRE

#### PROPOSED AGENDA

1.	Welcome d	and call to order						
2.	Accept Jui	Accept June 16, 2015 minutes as circulated						
3.	Business a	urising out of old minutes						
4.	Call for ot	ther business to be added to the agenda						
5.	Reports							
	5.1	Provincial President's Report						
	5.2	Executive Director's Report						
	5.3	Chapter President's Reports						
		i. Regina						
		ii. Saskatoon						
		<b>Motion</b> to accept reports $5.1 - 5.3$ :						
	5.4	Treasurer's Report						
		Motion:						
	5.5	Auditor's Report						
		Motion:						
	5.6	Motion to: Appoint auditor for 2016-17 year						
	5.7	National Representative's Report						
	5.8	Partnership Program Report						
	5.9	Strengthening Families Together Program Report						
	5.10	Your Recovery Journey Report						
	5.11	Healing Through Humour Report						
	5.12	Committees Report						
		<i>Motion</i> to accept reports 5.7 – 5.12						
	5.13	Nominations Committee Report						
		Motion:						
6.	Other bus	iness						

7. Adjournment

## ANNUAL MEMBERSHIP MEETING SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN, INC.

#### JUNE 16, 2015

#### TRAVELODGE HOTEL & CONFERENCE CENTRE

#### **MEETING MINUTES**

#### Meeting Minutes taken by: Ann Walker

- 1. Welcome and call to order on June 16, 2015 at 12:00p.m. by Vonni Widdis President, SSS Inc.
- 2. Motion to accept September 29, 2104, minutes as circulated Gloria Goodman. Joan Baylis: Carried
- 3. Chair called for other business arising out of old minutes. Nothing added or changed.
- **4.** Chair called for other business to be added to the agenda. Nothing added or changed.
- 5. Reports:
  - a. Provincial Presidents Report Vonni Widdis
  - **b.** Chapter Presidents Report
    - i. Saskatoon Ryan Dean
    - ii. Regina Lynn Janzen for Mike Gardiner
  - c. Executive Directors Report Anita Hopfauf

Motion to accept 4 reports. – Terri Sleeva. Kayla Lerat: Carried

d. Treasurer's Report – Gayle Schwickrath

Motion to accept Treasurer's Report - Kerri Hysuick. Lorna Cross: Carried

e. Auditor's Report – Joan Baylis.

**Motion** to accept Auditor's Report – Deferred until audited financials available.

**Motion** to appoint auditor for the 2015-2016 year, Virtus Group – Scott Masson. Joan Baylis: Carried

- f. National Representative's Report Joan Baylis.
- g. Partnership Program Report Curtis Harman & Tanya Condo
- h. Strengthening Families Together Program Report Anita Hopfauf
- i. Your Recovery Journey Report Anita Hopfauf
- *j.* Healing Through Humour Report Ian Morrison
- k. Committees Update Report Anita Hopfauf

Motion to accept all reports as presented – Gayle Schwickrath. Kathleen Thompson: Carried

- **6.** Nominations Committee Report presented by Vonni Widdis.
  - a. Vonni asked for any other nominations from the floor. None presented.
  - **b.** The proposed slate of the Board of Directors for the SSS for 2015-2016 was accepted as presented.

Motion to accept Nominations Committee Report – Joan Baylis. Lynn Janzen: Carried

- 7. Other Business. None presented.
- **8. Motion** to adjourn Gayle Schwickrath: Carried
  - a. Meeting closed by Vonni Widdis at 12:40pm

PROVINCIAL PRESIDENT'S REPORT

I am especially grateful for the opportunity to serve on the Board of Directors of the Schizophrenia

Society of Saskatchewan (SSS) for the last 4 years. I'm especially humbled to have served as the

President in my final year.

The Board has certainly faced some challenges in the past year as we lost several valuable Board

members unexpectedly. I'm especially grateful to Gloria Goodman who provided unrelenting support

and guidance to me during the year, and Joan Baylis, who stepped up to become treasurer without any

hesitation.

I'm proud to acknowledge that the SSS has begun our journey of implementing the Strategic Plan we

envisioned in 2015. Over the past year, the Board has focused on developing formal structure and

evaluation processes to capture our successes and also to monitor and ensure we are meeting our

objectives as a Board.

It's been an absolute pleasure working with fellow Board members as well as Anita Hopfauf and her

staff.

I'm very pleased to hand over the "baton" to the very capable hands of Bruce McKee.

Dr. Melanie McLeod, BSP, ACPR, PharmD

President,

Schizophrenia Society of Saskatchewan

### **EXECUTIVE DIRECTOR'S REPORT**

This year we were asked to be a part of a reference committee regarding how the 10 year provincial Mental Health and Addictions Action Plan (MHAAP) will unfold. The Schizophrenia Society of Saskatchewan (SSS) was actively involved in the consultation phase, and we were very happy with the recommendations set out in the plan. My hopes are that in the upcoming year, some of the recommendations in the action plan will become a reality and some resources will be put in place so improvements will be made where our mental health and addictions services are lacking.

We have been actively involved with the Disability Income Support Coalition (DISC) to work together with other disability related organizations to make improvements to the Saskatchewan Assured Income for Disability (SAID) Program. This is an income support program for people with significant and enduring disabilities. Many of those we serve benefit from this program.

We have had a big loss knowing we will lose our United Way of Regina yearly funding due to their decreasing donations. Trying to recoup these funds, we put on a large scale fundraising and awareness event called *Champions for Mental Health* this past March and Sheldon Kennedy was our keynote speaker. Sheldon talked about the importance of trauma-informed care, which is another service we are lacking here in Saskatchewan. The Regina Pats agreed to be our presenting sponsor for \$10,000 to cover Sheldon Kennedy's fees. We grossed approximately \$25,000 at the event.

I would like to thank our dedicated full-time, part-time, and contractual staff for their hard work and perseverance over the past year. Like many other mental health organizations we are also lacking resources. It has been very difficult for our small staff to meet the growing demands on our services across the province and it has been very overwhelming; however everyone keeps trying their best to keep up with the requests for our help. I sincerely appreciate each and every one of you for continuing to push through in our busy work environment!

I want to say thank-you to our Regina and Saskatoon Chapter Presidents and board members for their continued volunteerism, hard work and commitment to our mandate, and also to our fantastic volunteers; we would not be able to do everything we do without their assistance.

Last, but not least, I want to thank our wonderful Board of Directors for all of their support, hard work, and dedication. I would like to thank Melanie McLeod for her hard work, compassion, time, and generosity as our Board Chair for the past year and will miss her and our other wonderful board members who will be leaving us this year. It's always so hard to see great people go. I appreciate the

professionalism, compassion, knowledge, and expertise that each of our board members bring to our organization.

Sincerely,

Anita Hopfauf

**Executive Director** 

Schizophrenia Society of Saskatchewan

**CHAPTER REPORTS** 

REGINA CHAPTER

We had a fairly quiet year in 2016. Our major focus was on creating a new poster for our Caring &

Sharing group to display in the hospitals, Mental Health Clinic and Doctors' offices inviting family

members to attend our support group meetings which are held the last Monday of the month. The

theme of our new poster is "YOU ARE NOT ALONE".

We were able to once again help out those in need by supplying a Christmas Care Package for the

folks at the Canadian Mental Health Association (CMHA) Club Room as well as assisting with food

purchases for their daily luncheons. Former Directors Vera Bencze, Joan Lang, and Loran Barker

assisted by purchasing the food and gift items including art supplies. We continue to support the Peer

Support Recreation Group with their pizza and coffee outings.

Members of our Chapter continue to attend our monthly Caring & Sharing meetings, Mental Health

Coalition meetings, and participate as speakers with the Partnership Program.

We did not have a major fundraiser this year but continue to get some funds through coin boxes that

we have at drug stores here in the city as well as monies obtained through provincial membership fees.

Members of our group assisted with the provincial fundraiser held in March with Sheldon Kennedy as

the keynote speaker. We planned a Rib Night at Tony Roma's Steak & Seafood restaurant that was

held in May of 2016.

We made donations of \$5,000 to CMHA to assist with the purchase of transportation vans and \$1,500

to The Caring Place.

A big thank you goes out to all the Directors of the Regina Chapter as well as management and staff of

the Provincial office for their valuable guidance and participation throughout the past year.

Respectfully Submitted,

Mike Gardiner

President, Regina Chapter

#### **CHAPTER REPORTS**

#### SASKATOON CHAPTER

It has been a challenging year for the Saskatoon Chapter.

Our 2015 AGM had only four people attend despite our efforts at advertising and directly reaching out to a number of individuals to attend and join our board. This left the chapter without the minimum number of board members according to the bylaws of the organization. Finding people willing to commit the required time to sit on a board of directors has been a consistent problem in the four and a half years I have been with the organization. Consequently, we reached out to the provincial society for assistance. Remaining board members met with Anita Hopfauf, Executive Director of the Schizophrenia Society of Saskatchewan (SSS), in June and October of 2015 to make a plan on moving forward. It was decided, and approved by the provincial board of directors, that the Saskatoon Chapter would be amalgamated into the provincial society. Over the course of the year, we have talked about this transition and made steps to accomplish it.

In the end, I believe this will be a positive transformation. For instance, there are several ways in which the SSS as a whole could become more efficient as a result of this change, such as only having one bookkeeper in Regina instead of a bookkeeper in both cities. Anita Hopfauf has been conducting a needs assessment to help plan what programs will be offered in Saskatoon, including the possibility of new programs and/or services. Despite this change, the SSS is 100% committed to continuing to provide services and programming in Saskatoon.

Despite the above-mentioned events, programming offered by the Saskatoon Chapter continued over the last fiscal year. The Family Support group met on the third Monday of each month throughout the year. The REC group continued until the summer of 2015. Volunteers in Saskatoon held three fundraisers for the SSS; a steak night, a gala, and the annual walk for Schizophrenia. The latter was the most successful of these events, bringing in a net income of about \$5000.

Respectfully Submitted, Ryan Dean President, Saskatoon Chapter TREASURER'S REPORT

I am pleased with the results that are reflected in the Schizophrenia Society of Saskatchewan's (SSS)

financial statements for the year ending March 31, 2015

The revenue in our operating funds is through a combination of funds from fundraising,

pharmaceuticals, corporate, and private grants, with the major portion of our operating funds from

Saskatchewan Health.

We continue to demonstrate fiscal conservatism throughout 2014-2015 in our expenses management.

Our Society will continue to remain in a stable financial position for the upcoming year of 2015-2016.

The Society Reserved Funding continues to be invested in diversified long term and medium funding

and is designed to increase our revenue over time. Our approved Investment Strategy is to ensure that

we continue to have a balanced portfolio of cash and cash equivalents, fixed income and equities.

Through this long range financial plan the SSS will continue to achieve its goal of developing and

delivering services for family members in the future.

While the world economy continues to remain fragile and we continue to see this fragility impact on

Canadian markets, we continue to monitor our investments with our Financial Advisor on a regular

basis to ensure that we remain strong. We will continue to ensure that our "Reserved Funding"

remains sustainable for years to come.

Our Executive Director, Anita Hopfauf, and her staff continue to show strong fiscal managements with

all expenditures while exploring all opportunity to increase revenues.

Schizophrenia Society of Saskatchewan continues to remain strong because of ties of solidarity that

we - clients, family members, staff, stakeholders, and the Board of Directors - forge among ourselves

and because of the care we show toward one another.

The staff and the board of directors continue to remain committed the Society's Mission Statement; to

improve the quality of life for those affected by Schizophrenia and psychosis through education,

support programs, public policy, and research.

Joan Baylis

Treasurer,

Schizophrenia Society of Saskatchewan

### **AUDITOR'S REPORT**

#### SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC.

REGINA, SASKATCHEWAN

CONSOLIDATED FINANCIAL STATEMENTS AS AT MARCH 31, 2016

## MANAGEMENT'S RESPONSIBILITY FOR FINANCIAL STATEMENTS

The accompanying consolidated financial statements of Schizophrenia Society of Saskatchewan Inc. have been prepared by the Society's management in accordance with Canadian accounting standards for not-for-profit organizations and necessarily include some amounts based on informed judgement and management estimates. To assist management in fulfilling its responsibilities, a system of internal controls has been established to provide reasonable assurance that the financial statements are accurate and reliable and that assets are safeguarded. The board of directors has reviewed and approved these financial statements. These financial statements have been examined by the independent auditors, Virtus Group LLP, and their report is presented separately.

Executive Director

President

#### INDEPENDENT AUDITORS' REPORT

To the Members Schizophrenia Society of Saskatchewan Inc.

We have audited the accompanying consolidated financial statements of **Schizophrenia Society of Saskatchewan Inc.** which comprise the consolidated statement of financial position as at March 31, 2016, and the statements of operations, changes in fund balances and cash flows for the year then ended, and a summary of significant accounting policies and other explanatory information.

#### Management's Responsibility for the Consolidated Financial Statements

Management is responsible for the preparation and fair presentation of these financial statements in accordance with Canadian accounting standards for not-for-profit organizations and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

#### Auditors 'Responsibility

Our responsibility is to express an opinion on these financial statements based on our audit. We conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we comply with ethical requirements and plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial statements. The procedures selected depend on the auditor's judgment, including the assessment of the risks of material misstatement of the financial statements, whether due to fraud or error. In making those assessments, the auditor considers internal control relevant to the Society's preparation and fair presentation of the financial statements in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Society's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified audit opinion.

#### Basis for Qualified Opinion

In common with many not-for-profit organizations, the Society derives revenue from donations, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our Verification of these revenues was limited to the amounts recorded in the records of the Society and we were not able to determine whether any adjustments might be necessary to donation revenue, excess of revenue over expenses, current assets or fund balances.

#### Qualified Opinion

In our opinion, except for the effects of the matter described in the Basis for Qualified Opinion paragraph, the financial statements present fairly, in all material respects, the financial position of the Society as at March 3, 2016 and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

June 9, 2016 Regina, Saskatchewan Virtus Group LLP Chartered Professional Accountants

## SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC. CONSOLIDATED STATEMENT OF FINANCIAL POSITION AS AT MARCH 31, 2016

(with comparative figures for 2015)

		ASSET	<u>rs</u>		
		Operating <u>Fund</u>	Reserve <u>Fund</u>	Total <u>2016</u>	Total <u>2015</u>
Current assets		• • • • • • •		• • • • • • •	
Cash	\$	211,901 \$	- \$	211,901 \$	171,942
Investments (Note 3)		28,000	223,993	251,993	310,782
Accounts receivable		25,741 497	847	26,588 497	11,454 474
Prepaid expenses  Due from Schizophrenia Res	aarch	497	-	497	4/4
Due from Schizophreina Kes	\$	266,139 \$	224,840 \$	490,979 \$	494,652
		LIABILI	ΓIES		
Current liabilities Accounts payable					
and accrued liabilities	\$	35,251 \$	- \$	35,251 \$	14,461
Deferred revenue		1,429	_	1,429	2,399
		36,680	-	36,680	16,860
		FUND BAL	ANCES		
Internally restricted		229,459	224,840	454,299	477,792
•	\$	266,139 \$	224,840 \$	490,979 \$	494,652
APPROVED BY THE BOARD	:				
	Direc	tor		Dire	ctor

#### SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC. CONSOLIDATED STATEMENT OF CHANGES IN FUND BALANCES FOR THE YEAR ENDED March 31, 2016

(with comparative figures for the year ended March 31, 2015)

	Operating <u>Fund</u>	Reserve <u>Fund</u>	Total <u>2016</u>	Total 2015
Fund balances - beginning of year \$	244,201 \$	233,591 \$	477,792 \$	473,003
Excess (deficiency) of revenues over expenses	(22,336)	(1,157)	(23,493)	4,789
Transfer from operating to reserve	7,594	(7,594)		
Fund balances - end of year <u>\$</u>	229,459	224,840 \$	454,229 \$	477,792

#### SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC. CONSOLIDATED STATEMENT OF FINANCIAL POSITION AS AT MARCH 31, 2016

(with comparative figures for 2015)

	Operating <u>Fund</u>	Reserve <u>Fund</u>	Total <u>2016</u>	Total <u>2015</u>
evenues		<del></del>		
Grants: Province of Saskatchewan \$	234,615 \$	- \$	234,615 \$	232,29
Donations and memberships (Note 4)	93,355	-	93,355	106,00
United Way	26,734	-	26,734	28,397
Other revenue	14,163	10,368	24,531	36,498
	368,867	10,368	379,235	403,18
penses				
Advertising and publications	2,595	-	2,595	5,083
Awareness	37,211	-	37,211	39,965
Bank charges and interest	1,124	-	1,124	1,193
Board expenses	8,850	-	8,850	8,457
Insurance	2,099	-	2,099	1,827
Office and general	27,396	-	27,396	29,797
Partnership program Regina	47,140	-	47,140	44,250
Partnership program Saskatoon	66,969	-	66,969	67,277
Professional fees	24,610	-	24,610	20,954
Rent	25, 175	-	25,175	25,434
Repairs and maintenance	545	-	545	550
Telephone	8,651	-	8,651	9,789
Travel	4,648	-	4,648	4,361
Utilities	1,591	-	1,591	1,961
Wages and benefits	132,599	-	132,599	139,30
	391,203	-	391,203	400,20
cess (deficiency) of revenues over				
expenses from operations	(22,336)	10,368	(11,968)	2,988
her income (expenses)				
Gain (loss) on investments	-	(11,525)	(11,525)	1,801
ccess (deficiency) of				
revenues over expenses \$	(22,336) \$	(1,157) \$	(23,493) \$	4,789

#### SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC. CONSOLIDATED STATEMNET OF CASH FLOWS FOR THE YEAR ENDED MARCH 31, 2016

(with comparative figures for the year ended March 31, 2015)

Cash provided by (used in) operating activities:	<u>2016</u>	<u>2015</u>
Excess (deficiency) of revenue over expenses  Non-cash operating working capital:	\$ (23,493) \$	4,789
<ul> <li>- Accounts receivable and prepaid expenses</li> <li>- Accounts payable and accrued liabilities</li> <li>- Deferred revenue</li> </ul>	 (15,157) 20,790 (970)	2,153 8,729 (4,355)
	(18,830)	11,316
Cash Provided by (Used in) Investing Activities: Net change in investments	 58,789	(46,730)
Increase (decrease) in cash	39,959	(35,414)
Cash position - beginning of year	 171,942	207,356
Cash position - end of year	\$ 211,901 \$	171,942

#### SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC. NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2016

(with comparative figures for the year ended March 31, 2015)

#### 1. Purpose of the organization

The Society was incorporated in the Province of Saskatchewan under the *Non-Profit Corporations* Act without share capital. The purpose of the Society is to provide education and encourage research into schizophrenia and provide help for individuals and family members who are afflicted with schizophrenia. The Society is exempt from taxation under section 149(1)(f) of the *Income Tax Act*.

#### 2. Summary of significant accounting policies

The financial statements have been prepared in accordance with Canadian accounting standards for notfor-profit organizations which required management to make estimates and assumptions that affect the reported amount of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amount of revenues and expenses during the period. These estimates are reviewed periodically, and, as adjustments become necessary, they are reported in earnings in the period in which they become known. The financial statements reflect the following policies:

#### **Basis of consolidation**

These financial statements include the activities of Schizophrenia Society Saskatchewan, and the Regina and Saskatoon chapters. All other local Saskatchewan chapters are independent of the Society and therefore, those financial activities are not reflected in these financial statements.

#### **Fund accounting**

The Society follows the restricted fund method of accounting.

The Operating Fund accounts for the Society's administration activities and certain program delivery. It reports unrestricted resources and certain restricted operating grants. Transfers from this fund are made at the direction of the Board of Directors.

The Reserve Fund segregates invested resources arising from prior surplus revenues.

#### **Equipment**

Equipment assets are expensed in the year purchased.

#### **Revenue recognition**

Unrestricted contributions are recognized as revenue in the the appropriate fund in the year received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured. Restricted contributions, for which no separate fund exists, are deferred until the year that the related restrictions are fulfilled, at which time they are recognized as revenue.

#### **Contributed services**

Volunteers contribute many hours each year to assist the Society in carrying out its delivery activities. These contributions are not recognized in the financial statements as the fair value of these donated services are not reasonably determinable.

#### SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC. NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2016

(with comparative figures for the year ended March 31, 2015)

#### 2. Significant accounting policies (continued)

#### Financial instruments - recognition and measurement

Financial assets and financial liabilities are recorded on the statement of financial position when the Society becomes party to the contractual provisions of the financial instrument. All financial instruments are required to be recognized at fair value upon initial recognition, except for certain related party transactions. Measurement in subsequent periods of equity instruments is at fair value. All other financial assets and financial liabilities are subsequently measured at amortized cost adjusted by transaction costs, which are amortized over the expected life of the instrument.

Fair value is the amount at which a financial instrument could be exchanged at arm's length between willing, unrelated parties in an open market. Changes in fair values of financial assets and financial liabilities measured at fair value are recognized in excess of revenues over expenses.

When there is an indication of impairment and such impairment is determined to have occurred, the carrying amount of financial assets measured at amortized cost is reduced to the greater of the discounted cash flows expected or the proceeds that could be realized from sale of the financial asset. Such impairments can be subsequently reversed if the value improves.

#### 3. <u>Investments</u>

	<u> 2016</u>	<u> 2015</u>
Investments measured at fair value:		
CI Canadian Dividend Fund	\$ 7,597 \$	7,747
Franklin Mutual Global Discovery Fund	18,908	21,049
Mackenzie Global Dividend Fund	24,397	-
Mackenzie Income Fund	24,531	50,439
Manulife Financial Corporation common stocks	 27,570	32,265
	103.003	111,500

At March 31, 2016, the cost base of investments measured at fair value is \$77,238 (2015 - \$89,882).

#### Investments measured at cost:

Corporate Bonds		120,990	120,990
Term Deposits		-	50,292
Canada Savings Bonds		28,000	28,000
-	·	148,990	199,282
	\$	251.993 \$	310,782

At March 31, 2016, the market value of investments measured at cost is \$158,492 (2015 - \$211,972).

#### 4. Donation and membership revenues

Donations Memberships	\$	2016 92,110 \$ 1,245	2015 102,450 3.3552
	<u>\$</u>	93,355 \$	106,002

#### SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN INC. NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS FOR THE YEAR ENDED MARCH 31, 2016

(with comparative figures for the year ended March 31, 2015)

#### 5. Financial risk management

The Society has a risk management framework to monitor, evaluate and manage the principal risks assumed with financial instruments. The significant financial risks to which the Society is exposed are:

#### Liquidity risk

Liquidity risk is the risk that an entity will encounter difficulty in meeting obligations associated with financial liabilities. The Society's exposure to liquidity risk is dependent on the receipt of funds from its operations, donations, and grants. Funds from these sources are primarily used to finance working capital and are considered adequate to meet the Society's financial obligations.

#### Price risk

Price risk is the risk that the fair value or future cash flows of a financial instrument will fluctuate because of changes in market prices. The Society's investments in publicly traded securities expose the Society to market price risk as such investments are subject to price changes in the open market. The Society does not use any derivative financial instruments to alter the effects of this risk.

#### 6. Economic dependence

Approximately 60% (57% in 2015) of the Society's revenues are derived from the Province of Saskatchewan. As a result, the Society is dependent upon the continuance of these grants to maintain operations at their current level.

#### 7. Comparative figures

Certain comparative figures have been reclassified to conform with the presentation in the current year.

NATIONAL BOARD REPRESENTATIVE'S REPORT

Our CEO, Chris Summerville, Schizophrenia Society of Canada, is very instrumental in ensuring that

the obligations of the National Board are fulfilled by being very committed and dedicated.

The year of 2015-2016 was not without challenges, the number one challenge being the lack of funds

to continue to carry and implement some of the great ideals and programs that is continuing being put

forth by the Board.

The "Say Yes 2 Me Scholarship Program" as funded by Otsuka Lundbeck Alliance received 79

applications. Sixty seven applications were approved. Cheques were sent out to the student's schools.

This allowed sixty seven recipients to continue to fulfill their aspirations of continuing their education.

Schizophrenia Community Radio was implemented in 2015 and we were able to air 20 episodes. For a

review of the taped episodes go to: <a href="http://www.sxhizophrenia.ca/schizophrenia\_community">http://www.sxhizophrenia.ca/schizophrenia\_community</a>

<u>radio.php</u>. Unfortunately, due to lack of funding this program has to be discontinued. The program

was hosted by Dr. Atherley.

The medication section in Module 5 of "Your Recovery Journey" has been updated and completed.

Working in consultation with Jansen and Chris Summerville, Renegade Healthcare made the revisions.

The revisions were paid by a grant from Janssen.

Our Social Media Traffic, Facebook and Twitter, continues to show a slight increase.

The 2016 National Conference will be held on October 27<sup>th</sup> – 28<sup>th</sup>. The theme will be, Psychosis: New

Perspectives and Bright Horizons. It will be held World Trade, Convention Centre, Halifax, Nova

Scotia.

I would like to thank Chris Summerville and the Board for their dedication in ensuring that the

Schizophrenia Society of Canada continues To improve the Quality of Life for those affected by

schizophrenia and psychosis through education, support programs, public policy, and research.

Submitted by,

Joan Baylis

National Representative

#### PARTNERSHIP PROGRAM REPORT

The Partnership Program continues to go strong into its 18<sup>th</sup> year. Over the past fiscal year, 358 presentations have been given to 9,337 people throughout Saskatchewan. The Partnership Program teams in Regina and Saskatoon have given a grand total of 3,840 presentations to 101,267 people from January 1, 1998 to March 31, 2016. Approximately 80 people with the lived experience of mental illness, family members, and mental health professionals have presented in Saskatchewan over the past year. The Partnership reached a major milestone in March of 2016 of giving presentations to 100,000 audience members since the program began.

High School students continue to be our priority target audience as mental illness often develops at this time. 133 presentations to 3,605 students have been given at high schools and elementary schools over the past fiscal year. Numerous presentations were given to University and College audiences to a wide variety of educational institutions across the province.

Presentations were given at high schools, colleges, and community groups in areas outside of Regina and Saskatoon including Prince Albert, Warman, Martensville, Dalmeny, Clavet, St. Louis, Meadow Lake, and Duck Lake. Numerous presentations were given to RCMP recruits that are trained in Regina and posted across the country. Further presentations were given at drug and alcohol rehabilitation centers, homeless shelters, hospital psychiatric wards, community based organizations, and a number of other organizations. We continued to reach Aboriginal audiences including Yellow Quill First Nations, Beardy's Okemasis First Nations School, Indian Institute of Technology in Saskatoon, and Oskayak First Nations High School Saskatoon. Presentations were also given at various events and conferences including the Living with Mental Illness Conference in Saskatoon.

The Partnership Program in Saskatoon received positive media exposure over the past fiscal year. They did media interviews for 650 CKOM radio on the David Kirton Show, Brett Francis's Not Broken Radio, CTV News, and the Saskatoon Star Phoenix. Fellow team member Ken Grylls was featured as the cover story on the Star Phoenix sharing his story of recovery from bipolar disorder and addictions. Matthew Proctor was also featured in a separate interview sharing his story of recovery from schizophrenia and addictions. Krystal Reid appeared along-side Curtis Harman on Not Broken Radio sharing her story of recovery from a host of mental health issues. Curtis Harman appeared on 650 CKOM for Mental Illness Awareness week to talk about suicide and mental illness.

Tanya Condo completed her second year as program coordinator in Regina. Curtis Harman completed his 14<sup>th</sup> year as program coordinator for Saskatoon and area and overall 17<sup>th</sup> year as a team member.

Saskatoon team member Mary Froese passed away earlier this year. She was one of the first family members on the Partnership team. Mary will be remembered for all she did.

The Mental Health and Addictions Action Plan (MHAAP) for Saskatchewan has sited the Partnership Program as a best practice stigma reducing program. Recommendation 14.1 in the plan suggests expansion of the delivery of best practice programs shown to reduce stigma. The SSS has asked Saskatchewan Health for increased funding to expand the Partnership Program to better respond to the immense mental health needs facing citizens in our urban centers, rural and remote locations.

Much data and audience feedback has been collected by the Partnership Program to show positive outcome measures and how effective the program is. The following percentages show just how strong our impact has been. A strong number of 91.5% of audience members surveyed said they strongly agree or agree that our presentations have increased their understanding of schizophrenia and/or other mental illnesses. A grand total of 93.5% of audience members surveyed said they strongly agree or agree that the presentations have provided them with useful information.

Here are just two out of thousands of positive comments on audience surveys from the past year:

"It takes tremendous courage to stand up in front of people the way you did today. The four of you are part of the reason stigma is beginning to turn into enlightenment." (University Professor)

"Thank you for coming to present to us at our school today. When I found out I had a mental illness I felt like it was the end of the road for me but hearing your amazing stories of recovery has given me a new outlook and I know things will get better. Everything was presented in a way I can relate to and this will help reduce the stigma I live with at my school." (High School student)

Please contact Tanya in Regina (306-584-2369 or <u>Tanya@schizophrenia.sk.ca</u>) or Curtis in Saskatoon (306-374-3220 or <u>Curtis@schizophrenia.sk.ca</u>) if you are interested in joining the Partnership Program team or if you would like to book a presentation.

Thank you to all our presenters with lived experience, our family members, our mental health professionals, our funders, and our hosts for inviting us to present. You have all helped make a major difference throughout Saskatchewan!

Curtis Harman, Partnership Program Coordinator – Saskatoon Tanya Condo, Partnership Program Coordinator – Regina STRENGTHENING FAMILIES TOGETHER PROGRAM REPORT

Strengthening Families Together (SFT) is a National 10-session program. It is about the issues that

impact people with a mental illness and their families on a daily basis. The program covers a wide

range of topics including mental illnesses, self-care, communication, advocacy, understanding the

mental health system, living with an illness, and recovery. The program is designed to provide

support, awareness, and tools to cope.

SFT strengthens the capacities of families to work together towards the recovery of a family member

with an illness. Participants include family members of someone with a mental illness and those that

live with mental illness. The course leads participants through a series of modules focused on

education, skill development, and the recovery model. Facilitators of the program are optimally a

family member and a mental health professional. The program was developed by the Schizophrenia

Society of Canada and includes established and measurable program outcomes.

The SFT program was offered in Regina this past year. I co-facilitated the program along with Dave

Gibson who is a Social Worker at the Regina Mental Health Clinic. We also had the help of a

University of Regina social work student who was completing her practicum with the Schizophrenia

Society of Saskatchewan.

We include a Partnership Program presentation each year which is always a highlight with the

participants.

The SFT program was last updated in 2008. Information has changed and evolved and certain facts

and statistics are out of date. Before the start of the program each year, I do research in an effort to

ensure that information is current. However, it would be nice to see this program receive a thorough

update.

Feedback is consistently positive.

Sincerely,

Jenine LeCuyer

**Independent Contractor** 

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YOUR RECOVERY JOURNEY PROGRAM REPORT

The Your Recovery Journey (YRJ) program is in the process of being revised to expand elements of

the Wellness Recovery Action Plan (WRAP). Both people revising the program, Maria Alvarez and

Tanya Condo, are trained WRAP facilitators and have offered that program in the past. Maria Alvarez

has been one of the leaders of the YRJ for six years.

The dates for the revised sessions will be May 14 to June 11, 2016. The decision was made to offer the

program over four days as an intensive program from 10am to 3pm instead of the traditional eight

sessions over eight weeks. The class will also run on Saturdays to accommodate people who may

work during the week. The plan is for an additional facilitator, Debbie Walters, to join the program for

future sessions.

In June 2015, Maria and Tanya also took training in Peer Support through a workshop offered by the

Saskatoon Health Region. Tanya has received a bursary for the National Conference on Peer Support

and plans to attend that late April. She will learn more about how to best help members of the

Partnership Program team and she will share her knowledge with Maria to enhance the Peer Support

Worker's knowledge in how to best support individuals.

Maria has been hired as the Peer Support Worker. Her office hours are Tuesday and Thursday from

1pm to 4pm. In addition to facilitating wellness groups such as YRJ, Maria will be available for

individuals to listen to them and help them on their recovery journey. If you wish to talk with Maria,

appointments are available.

Respectfully Submitted,

Maria Alvarez

Tanya Condo

Schizophrenia Society of Saskatchewan

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HEALING THROUGH HUMOUR PROGRAM REPORT

Healing Through Humour is a joint project of Canadian Mental Health Association (CMHA)

Saskatchewan Division office and the Schizophrenia Society of Saskatchewan (SSS). The program is

designed to teach people living with mental illness and mental health issues the art of comedy writing

and performance. It also breaks down barriers of discrimination and builds self-esteem through

comedic performance.

The facilitator for this project is Ian Andrew Morrison. Ian is a graduate of the Humber College of

Comedy Writing and Performance in Toronto, Ontario and has been performing comedy since the age

of 13.

This year, Healing Through Humour will release its second comedy album entitled 50 Shades of

Spanky by General Spanky on iTunes. Healing Through Humour will also be filming its first feature

film, "It's a Wonderful Afterlife", in 2016. The film will fight stigma and have a positive message that

recovery is possible. One of the singles from General Spanky's first album, Mr. Immature, has spent

over 35 weeks on the Official European Independent music chart.

This past year we had new students who performed their standup comedy to a positive response and

we couldn't be prouder of their accomplishment.

Healing Through Humour is always looking for new members to participate in the program. If you

want to keep up to date with the program, please like us on Facebook or visit

www.healingthroughhumour.com.

Ian Morrison,

Program Facilitator

Healing Through Humour

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#### **COMMITTEES REPORT**

The Schizophrenia Society of Saskatchewan continues to work closely with many other community partners on a variety of different initiatives and advocacy issues. Over the past year the SSS Executive Director and staff have served on 10 different committees. Each committee is very important to the work of raising awareness and improving Mental Health Services and the quality of life for those living with a mental illness. The following list is the committees we were members of over the past fiscal year:

- Schizophrenia Societies Executive Directors/CEO's Provincial Networking Group
- Disability Income Support Coalition (DISC)
  - DISC Media Sub-Committee
- Program Implementation Advisory Team (PIAT)
- Youth Mental Health Summit Meetings
- Saskatchewan Mental Health Coalition
- Saskatchewan Mental Health Services Act Advisory Committee
- Mental Health and Addictions Action Plan Reference Committee
- Living with Mental Illness Workshop Committee
- Champions for Mental Health Committee

Submitted by,

Anita Hopfauf,

**Executive Director** 

Schizophrenia Society of Saskatchewan, Inc.

### **NOMINATIONS COMMITTEE REPORT**

#### **Nominations and Election of the Board of Directors**

The Board of Directors shall consist of a minimum of six (6) members and a maximum of eleven (11) members, each of whom at the time of his/her election or within ten (10) days thereafter and throughout his/her term of office shall be a member of the Society.

#### Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2015-2016:

- 1. Melanie McLeod
- 2. Joan Baylis
- 3. Gloria Goodman
- 4. Bruce McKee
- 5. Marie Knutson
- 6. Janet Barber
- 7. Mike Gardiner
- 8. Ryan Dean
- 9. Jan Stirr

#### Current Board members whose terms are continuing:

- Janet Barber (will be serving the second year of her first term)
- Jan Stirr (will be serving the second year of her first term)
- Bruce McKee (will be serving the second year of his first term)
- Mike Gardiner (will be serving the second year of his first term)
- Ryan Dean (will be serving the second year of his first term)

#### **Current Board members Seeking Re-election for a 2-Year Term:**

Marie Knutson

#### There are 3 board members not continuing terms or seeking re-election:

- Joan Baylis
- Melanie McLeod
- Gloria Goodman

(The maximum board membership shall be for three continuous two-year terms unless at an annual general meeting, a resolution approved by the membership allows the term of office or the maximum number of terms of a director or directors beyond these limits).

#### **Nominees to the Board of Directors:**

- Roxanna Schultz
- Brian Tkachuk
- Faith Cameron
- Calen Nixon

## Proposed Slate of the Board of Directors for the Schizophrenia Society of Saskatchewan for 2016-2017

- 1. Bruce McKee
- 2. Ryan Dean
- 3. Mike Gardiner
- 4. Janet Barber
- 5. Marie Knutson
- 6. Jan Stirr
- 7. Roxanna Schultz
- 8. Brian Tkachuk
- 9. Faith Cameron
- 10. Calen Nixon

#### **BIOGRAPHIES OF NOMINEES**

#### • FAITH CAMERON

I have been an RN and Psychiatric Nurse since the late 1970's. I have worked the majority of my career with people who have Psychiatric illness and I've enjoyed these people thoroughly. In the past 16 years I've worked at the Regina General Hospital setting up the Clozapine Clinic Program, long acting Injectable Clinic and the ECT Suite.

Presently I work with the College of Medicine, the JURSI Program (psychiatric area) and ECT.

#### CALEN NIXON

I hail from Vancouver and Alberta. I graduated from UBC with a BA in 2009. I was distinguished as a Graduating Student Leader by the Dean of Arts for program contributions and involvement. I spent some time working in a variety of resource industries across Western Canada.

I started law school in Saskatoon in 2011 and participated in community based projects. I graduated in 2014 and articled in general private practice in Saskatoon. I sat on the board of Saskatoon Housing Coalition, Inc. (SHC), a CBO that provides housing and services resources to persons with mental illnesses, from late 2014 until about three months ago. During my time at SHC, ground was broken on a new building in partnership with Saskatchewan Housing Authority. I also volunteered in the capacity as lawyer approximately once per month at CLASSIC, a community legal clinic, and as a volunteer worker at Habitat for Humanity. I've moved to Regina recently with my partner, a soon to be lawyer, and work in litigation and labour areas at MacPherson Leslie & Tyerman.

I am beginning my experience in governance but I make up for it with attentive communication and background commercial and corporate legal knowledge. I aim to be positive, supportive and inclusive. Schizophrenia and dementia generally has affected the lives of my friends more than me and my immediate family but it is a condition I am aware of, care about and wish to learn more about.

Such knowledge is what I seek to get out of sitting on your board as well as the opportunity to participate in the Regina community in a way that I can make use some of my leadership and other abilities for a meaningful cause.

#### • ROXANNA SCHULTZ

I am already invested in the Schizophrenia Society of Saskatchewan as an active member of the Partnership Program. I have been volunteering with the Partnership Program for a year as a family member. I want to be part of the initiatives to address the needs and concerns of persons who struggle from mental health and addictions. My brother is a person who has been diagnosed with Schizophrenia.

I have a Human Justice degree with a concentration in Criminal and Restorative justice with a minor in Sociology. I have experience being a board member with the Justice studies student society of the University of Regina. I held positions of student representative (2011), Vice President (2012), and President of the Justice studies student society (2013). Through those positions I acquired strong organization, leadership, and communication skills.

I worked at Ranch Ehrlo Society as a Youth Care Worker where I was a caregiver and life coach for persons who have cognitive disabilities and physical limitations. Currently, I am a Correctional Worker at the Regina Provincial Correctional Centre. The asset this carries is an insider perspective of mental health and addictions within the Canadian Criminal Justice system.

As a board member of the Schizophrenia Society of Saskatchewan these are the skills and experience I have acquired; family member experience, front line experience on a professional and personal level, board member experience, education, professional skills, knowledge of the Criminal Justice system, and mental health within the criminal justice system, as well as a passion for working with people with mental illness. My schedule is flexible and allows me to make time for volunteer opportunities, such as this one.

Thank you for your time, Roxanna Schultz

#### • BRIAN TKACHUK

I was born in Weyburn and raised in Moose Jaw through my high school years. After living in England for a few years, I returned to study and complete a Bachelor of Psychology and Social Studies degree at the University of Regina in the 1970s. I then completed introductory business classes in the late 70s after considering and deciding against a career in business. In the early 80s I went to work as an Adjunctive Therapist at Valley View Centre in Moose Jaw for two years before spending the next 10 years working as a Community Program Consultant, first with Social Services, and later with Mental Health Services Branch. During this time, I worked as the NGO Coordinator for Mental Health Services Branch, where, in conjunction with Program Consultants, we recommended, coordinated and monitored funding and programs for most NGOs delivering mental health services in Saskatchewan.

After completing a Bachelor of Honours Certificate with High Honours in Psychology I then finished

my Master of Arts in clinical psychology at the University of Regina in 1994. My Master's thesis

focused on developing a Quality of Life instrument for persons with chronic mental illness. During my

thesis I became well versed in the quality of life literature for persons living with chronic mental

illnesses.

For the next 16 years I worked as an Early Childhood Psychologist with Public Health Services. In

addition to clinical work, I was invited and participated on a Minister's Advisory Committee for Child

Care. In conjunction with a few community partners I also initiated and set the foundation for the

development of Moose Jaw's first Child Action Committee. My final four years of work were spent in

Moose Jaw's Mental Health Services working in Outpatient Services as a Clinical Psychologist. In this

role I conducted assessments and treated adults and children with a variety of mental health disorders.

In August 2015, I happily retired after 36 years.

In retirement, I am fortunate to have time for hobbies, social activities and travel. There is also a part

of me that would like to continue making a contribution to persons who are the most vulnerable in our

society.

I would be honored to serve as a fellow board member. Thank you for your consideration.

Respectfully,

Brian Tkachuk