



A REASON TO HOPE. THE MEANS TO COPE.
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

Family Recovery Journey

October 16 - November 13 2024

Location: Online

Time: 6:30 - 8:30 PM

Cost: Free

What is the Family Recovery Journey?

An educational program of the Schizophrenia Society of Canada that focuses on providing tools for managing the impact of psychosis and other mental illnesses

Who Should Attend?

Family members, friends and caregivers of people who experience psychosis and other mental illnesses.

Schedule	All Sessions are 2 hours
October 16, 2024	Overview of Psychosis and Schizophrenia
October 23, 2024	Living with Psychosis and Schizophrenia
October 30, 2024	Managing Crises
November 6, 2024	Lived Experience & Recovery
November 13, 2024	Building Strengths and Going Forward

Phone Heidi Fischer at: (306) 374-2224

Email: heidi@schizophrenia.sk.ca

Unable to attend these dates? We offer this class throughout the year!
 Contact the above or info@schizophrenia.sk.ca to be put on the waitlist!



J O U R N E Y



**Space is Limited.
 Register Today!**

