



**A REASON TO HOPE. THE MEANS TO COPE.**  
**SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN**  
**SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN**  
**UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.**

# Family Recovery Journey

**May 27th - June 24th 2024**

**Location: Online**

**Time: 6:30 - 8:30 PM**

**Cost: Free**

## What is the Family Recovery Journey?

An educational program of the Schizophrenia Society of Canada that focuses on providing tools for managing the impact of psychosis.

## Who Should Attend?

Family members, friends and caregivers of people who experience psychosis.

Schedule	All Sessions are 2 hours
May 27, 2024	Overview of Psychosis and Schizophrenia
June 3, 2024	Living with Psychosis and Schizophrenia
June 10, 2024	Managing Crises
June 17, 2024	Lived Experience & Recovery
June 24, 2024	Building Strengths and Going Forward

**Phone Maria Alvarez at: (306) 584-0755**

**Email: [maria@schizophrenia.sk.ca](mailto:maria@schizophrenia.sk.ca)**

Unable to attend these dates? We offer this class throughout the year!  
 Contact the above or [info@schizophrenia.sk.ca](mailto:info@schizophrenia.sk.ca) to be put on the waitlist!



**J O U R N E Y**



**Space is Limited.  
 Register Today!**

