



Family Recovery Journey

Strategies for Managing the Impact of Psychosis and Schizophrenia on the Family

What is the Family Recovery Journey?

A program of the Schizophrenia Society of Canada to educate families and friends and provide tools for managing the impact of psychosis on their lives. This program updates and replaces the Strengthening Families Together program.

Who Should Attend?

Family members, friends and caregivers of people who experience psychosis.

Schedule	All Sessions are 2 hours
April 11, 2022	Overview of Psychosis and Schizophrenia
April 25, 2022	Living with Psychosis and Schizophrenia
May 2, 2022	Managing Crises
May 9, 2022	Lived Experience & Recovery
May 16, 2022	Building Strengths and Going Forward

Location: Online

Time: 6:30 - 9:00 P.M

Cost: Free

Space is Limited - Register today.

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