



A REASON TO HOPE. THE MEANS TO COPE.  
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN  
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN  
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

## 2ND SSS VIRTUAL AGM

Introducing our new Board  
Members and Award Winners.

## WELCOME TO THE NEW STAFF

Our Society's recent hires and  
goodbyes to those leaving us.

FINISH READING ON PG. 2



## COVID-19 UPDATE

Due to the onset of COVID-19,  
our offices are still closed. All  
staff are working from home.  
Re-opening plans are yet to be  
decided. Our programs and  
services are still running  
online. Appointments can be  
made by calling 1-800-584-  
2620 or by emailing  
[info@schizophrenia.sk.ca](mailto:info@schizophrenia.sk.ca).



## PARTNERSHIP PROGRAM

Everything about our virtual  
Presentations.

## WILLPOWER

Partnership with WillPower.

FINISH READING ON PG. 3, 4

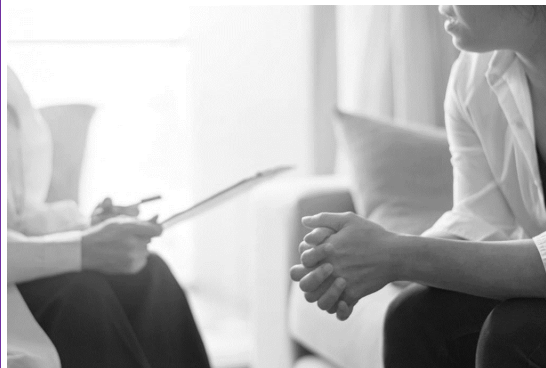
## FAMILY RECOVERY JOURNEY

Upcoming dates, new sessions.

## SCHOLARSHIP

Apply by December 10, 2021.

FINISH READING ON PG. 4



## 2<sup>nd</sup> SSS VIRTUAL AGM



We are happy to introduce our new board members and our new executive!

*Kathy Evans* became our new President as *Jeff James* stepped down. Two board members resigned this year: *Richard Beachey*, Treasurer of the SSS and *Charlene Pawluk* who served the board for several years. Wishing them the best moving forward.

We welcome *Kevin Kozan* and *Kyle Bender* as our new board members!

Our award winners this year are the following:

- Karyn Kawula, Jay Semko and Kathy Willerth, winners of the Rays of Hope Award;
- Dr. Stephen Adams, winner of Dr. Lionel & Mrs. Mary Hastings Award;
- Delta Hotels by Marriott Regina, winner of the Community Spirit Award.

## WELCOME TO OUR NEW STAFF

Thank you to *Gloria Goodman* for many wonderful years of service to the SSS as Saskatoon Office Coordinator, Board member and dedicated volunteer. We wish Gloria all the best in her retirement.

Many thanks to *Sasheen Horse* for doing a wonderful job as our Student Support Worker during summer 2021.

Welcome *Heidi Fischer*, our Saskatoon Office and Program Coordinator and *Lori Francoeur*, our new U of R mini practicum student.



*Gloria (from the left), Shannon and Kathy.*

## PARTNERSHIP PROGRAM

As many of you know, in our Partnership Program Presentations, our presenters help to educate people about what it's like to live with a mental illness. This includes where to go for help, how to decrease the stigma that surrounds mental illness, and spread the message that recovery is possible. It was fundamental for us to try to reproduce the same message online, due to covid-19 social distancing and gathering capacities.

To book your Virtual Partnership Program Presentation NOW, contact:

- Saskatoon area (Curtis) at [curtis@schizophrenia.sk.ca](mailto:curtis@schizophrenia.sk.ca)
- Regina area (Sean) at [sean@schizophrenia.sk.ca](mailto:sean@schizophrenia.sk.ca)
- Rural and Northern (Jodie) at [jodie@schizophrenia.sk.ca](mailto:jodie@schizophrenia.sk.ca)



*Brittany, a Partnership Program speaker*

### Regina Partnership Program Recognition Awards

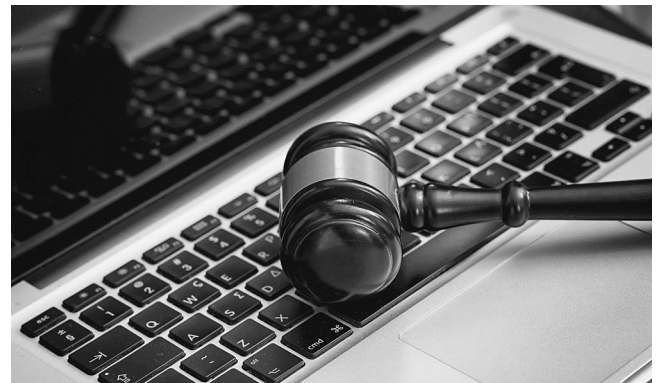
5 years	10 years	15 years	20 years
Christine Bueno			

### Saskatoon Partnership Program Recognition Awards

5 years	10 years	15 years	20 years
Chalaine Senger Ashley Springer	Kim Pratt	Cam Patterson Pat Drews	

## VIRTUAL SILENT AUCTION

Another **Virtual Silent Auction** will be happening on our **Facebook page** starting **November 3<sup>rd</sup>**. Keep an eye on our social media, we will be posting about this Facebook event soon! The financial support generated by our event is essential for the continued expansion of our programs and services that we provide across our province. With your support, we will continue to make significant strides in supporting those with lived experience and family members/ friends affected by serious mental illness.





## YES2ME SCHOLARSHIP

Thanks to the generous support of the Otsuka-Lundbeck Alliance, SSS is once again offering Yes 2 Me scholarships! These scholarships are awarded to Saskatchewan residents living with schizophrenia, to help them pursue their post-secondary education goals. The **deadline to apply is December 10, 2021** for the Winter 2022 semester. For more information and the application package, please contact us at [info@schizophrenia.sk.ca](mailto:info@schizophrenia.sk.ca).

## FAMILY RECOVERY JOURNEY

If you are a family member or friend of someone who is experiencing psychosis and you want to have an educated idea of how psychosis works or how it impacts your loved ones daily living, sign up for our next **Family Recovery Journey** classes! Hosted by *Heidi* (Saskatoon) via ZOOM every **Wednesday night from October 13<sup>th</sup> to November 10<sup>th</sup> 6:30PM-8:30PM – 5 sessions**. Contact Heidi: [heidi@schizophrenia.sk.ca](mailto:heidi@schizophrenia.sk.ca) or 306-374-2224. Hosted by *Maria* (Regina) via ZOOM, every **Monday in November from 6:30PM to 8:30PM– 5 sessions**. Contact Maria: [maria@schizophrenia.sk.ca](mailto:maria@schizophrenia.sk.ca) or 306-584-2026.

The SSS recently partnered with **WillPower** to give you an opportunity to leave a donation to our Society in your will. Under “Find Charities”, search for “Schizophrenia Society of Saskatchewan” and you will find all you need to know about what your donation is being used for and how to donate. Thank you for your generosity!



<https://www.willpower.ca/charities/schizophrenia-society-of-saskatchewan/>

## SASKATOON RECREATION GROUP

Heidi, our new Saskatoon Office Coordinator, recently welcomed her first **Recreation Group** back! You should **join them** if you are 18 or older with lived experience of mental illness looking for social interaction and a strong support network. Email [heidi@schizophrenia.sk.ca](mailto:heidi@schizophrenia.sk.ca) for more info or visit our website to download the October calendar.

