

Spring/Summer 2023
Newsletter



A REASON TO HOPE. THE MEANS TO COPE.
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

Opening Message

**Contact Us: call: 1-877-584-2620
email: info@schizophrenia.sk.ca**

The blooms of Spring have arrived! They must have had a very long journey since it took quite a while for them to finally arrive and bring Spring along with them. Awesome sunshine, warm temperatures. It was well worth the wait! Lets get out and enjoy!!

Annual General Meeting

The Board of the Schizophrenia Society of Saskatchewan is pleased to invite you to the SSS Annual General Meeting. The AGM will commence at 10:30 am on Tuesday June 13, 2022 at the Serb Club in Regina.

Please note it is important for MEMBERS to attend this meeting or provide their PROXY (assign your vote) if unable to attend. **All participants will be required to register by Wednesday May 24, 2023.**



To register: Please email info@schizophrenia.sk.ca. The agenda with supporting documents for the meeting will be forwarded to you prior to the meeting. If you prefer to register by phone, call 1 800 584 2620 and leave your name and number.

Become A Member

For only \$20.00, you can purchase or renew a membership! Contact our office to make arrangements.

The Serb Club Steak Night Fundraiser

Join us on Thursday May 25, 2023 at the Serb Club.



Tickets can be purchased at:

- 1311 Saskatchewan Drive
- Phone: 306-584-2620 or
- Call Mike Gardiner: 306-551-3534
- Email: info@schizophrenia.sk.ca

Happy Hour & Silent Auction Viewing 5:00 P.M.
Dinner 6:00 P.M.

Partnership Luncheon - Saskatoon

In Saskatoon, on June 21st we will be having a luncheon to present our Partnership Program Awards . In attendance will be our current Partnership Program Members, as well as some special guests and founding members. We are looking forward to having the opportunity to gather.



Partnership BBQ - Regina

In Regina, we will be having a BBQ to present our Partnership Awards. Date-To Be Determined. Details to be confirmed.



Programs & Support

Family Support Group - Join us on the second Tuesday of each month from 7-8pm, via zoom! Our next meeting is on May 9th, and is available for folks residing anywhere in Saskatchewan. If you'd like to join us contact Maria or Heidi.

Regina Peer Support Group - This group takes place on the first Wednesday of every month from 6:30-8:30pm, in-person, located at our Regina office. Registration is not required, contact Maria for information.

Saskatoon Rec Group - Our weekly coffee group meets on Thursdays from 2:00-3:00 at the Hunger Cure., We also engage in a variety of other activities such as bowling and special events.. To sign up or for more information contact Heidi.

Maria (Regina) Maria@schizophrenia.sk.ca - 306-584-0755
Heidi (Saskatoon) Heidi@schizophrenia.sk.ca - 306-374-2224



Show of Hope Fundraiser

Our first annual Show of Hope Fundraiser took place on May the Fourth with a showing of the original Star Wars, at the Broadway Theatre in Saskatoon. Over 300 people attended, and it was a very successful event both with raising funds and awareness. Thank you to everyone who came out as well as those who supported our event.

Partnership Program.

Our Partnership Program has had a busy year and are also available for presentations over the summer! We are always recruiting new speakers and audiences, so please do reach out if you are interested! Presentations are available in person and online.



To book a Partnership Program Presentation, contact:

-Saskatoon area (Curtis) at Curtis@schizophrenia.sk.ca

-Regina area (Sean) at Sean@schizophrenia.sk.ca

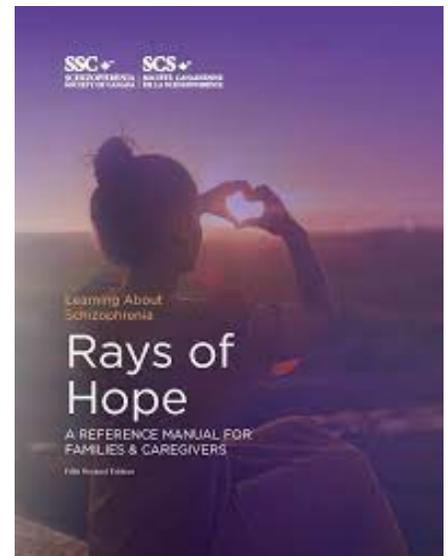
-Rural and Northern (David) at David@schizophrenia.sk.ca

With Zoom presentations we can reach anyone anywhere!

Resource Spotlight - Rays of Hope.

Our book, Rays of Hope is an excellent resource available online for free! Visit our website at www.schizophrenia.sk.ca and navigate to Resources where you will find the link to this book and much more!

For a physical copy or for more information contact our office at: 1-877-584-2620 or email: info@schizophrenia.sk.ca



Good-Byes & Welcome.

Thank you to Dr. Sunny Kang our resident psychiatrist for the 2023 winter season. We are appreciative of the support provided! Please welcome Dr. Armin Moradi our new resident psychiatrist who is available for appointments most Monday mornings.

If you wish to book an in person or telephone appointment contact our main office toll free at: 1-877-584-2620 or email info@schizophrenia.sk.ca



CHAMPIONS FOR MENTAL HEALTH



SAVE THE DATE

October 14th, 2023

Delta Hotels by Marriott Regina

Champions for Mental Health –
Mitch Bourbonniere

Bear Clan Patrol founding member,
inspires others to find their voices

5:00pm Appetizers
6:00pm Welcome & Dinner
8:00pm Keynote Speaker



Tickets Available August 15th, 2023

For more information: Email: info@schizophrenia.sk.ca