

Winter 2026

Newsletter



A REASON TO HOPE. THE MEANS TO COPE.
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.



If you would like to support the Schizophrenia Society, please scan or click the QR code to access our donation page. Your support means the world to us!

**Contact Us: call: 1-877-584-2620
email: info@schizophrenia.sk.ca**

Opening Message

Welcome to 2026, everyone! We are thrilled to be a part of your journey this year. Just like the winter weather, we have been keeping busy with a flurry of activities. Exciting things are taking place alongside our usual routines. Keep reading to stay informed on all the latest updates!

Singing With The Stars

One November 13th we gathered to celebrate the success of our event and reveal the total amount raised. Attendees included a diverse group of staff, volunteers, singers, program participants, and local media.

We are overjoyed to announce that we raised an incredible \$102,000.00

A heartfelt thank you goes out to the Buckwold Family for their unwavering commitment to making this event truly exceptional!



Our amazing singing duo's!



Upcoming Events

Champions for Mental Health

March 21st we will be hosting our annual gala Champions for Mental Health Gala and Auctions at the Delta Hotels by Marriott. Dinner and Auctions with Platinum recording artist and lead singer of the Hunter Brothers, Ty Hunter.

Individual tickets, tables, corporate tables, and sponsorship packages are all available for purchase. Please refer to the poster at the end of the newsletter for more information.



Show of Hope Fundraiser

We will be hosting our annual Show for Hope Fundraiser on Monday May the 4th Be with you! With a viewing of The Phantom Menace. at Saskatoon's Broadway Theatre.



Steak Night Fundraiser

Join us on Tuesday June 9, 2026 at the Serb Club for our Steak Night Fundraiser! The event kicks off at 5:00pm for Happy Hour and Silent Auction Viewing, with dinner beginning at 6:00pm.



Annual General Meeting

The Board of the Schizophrenia Society of Saskatchewan is pleased to invite you to the SSS Annual General Meeting. The AGM will commence at 1:15 pm on Tuesday June 23rd, 2026 at the Serb Club in Regina.

All participants will be required to register by May 29th, 2026

Please note it is important for MEMBERS to attend this meeting or provide their PROXY (assign your vote) if unable to attend.



Recent Events

Saskatoon Partnership Program Christmas Party

On December 3rd we hosted a luncheon to mark the holiday season and recognize the efforts of our speakers. Our current Partnership Program Members, along with special guests and founding members, were all in attendance.



Saskatoon: Rec Group Christmas party

On December 12th our Saskatoon Rec group met braved the cold to enjoy a fun Christmas get together, complete with delicious treats, pizza and lots of laughter. The chilly weather did not stop us from celebrating and spending some quality time together.



Regina Partnership Program Christmas Party

We wrapped the year by gathering on December 12th where we enjoyed great food, meaningful conversation and plenty of Holiday cheer. It was a wonderful time to reflect and celebrate our success throughout the year. Thank you to everyone who joined us.



Regina Open House

We came together on December 19th for our Open House event in Regina. It was a wonderful opportunity to get together, visit, and enjoy some delightful snacks. Thank you to everyone who joined us!



Programs & Support

Family Support Group - Join us on the second Tuesday of each month from 7-8pm, via zoom! Our next meeting is on March 10th 2026 , and is available for folks residing anywhere in Saskatchewan. If you'd like to join us contact Maria or Heidi.

Regina Peer Support Group - This group takes place on the first Wednesday of every month from 6:30-8:30pm, in-person, located at our Regina office. Registration is not required, contact Maria for information.

Saskatoon Rec Group - Our weekly coffee group meets on Thursdays from 2:00-3:00 at the Hunger Cure.

We also engage in a variety of other activities such as bowling and special events. To sign up or for more information contact Heidi.



Maria (Regina) Maria@schizophrenia.sk.ca

- 306-584-0755

Heidi (Saskatoon) Heidi@schizophrenia.sk.ca -

306-374-2224



Partnership Program.

If you or someone you know is interested in booking a presentation or would like more information about our Partnership Program be sure to contact one of the coordinators listed below! We look forward to seeing you!



To book a Partnership Program Presentation, contact:

-Saskatoon area (Curtis) at Curtis@schizophrenia.sk.ca

-Regina area (Austin) at Austin@schizophrenia.sk.ca

-Rural and Northern (David) at David@schizophrenia.sk.ca



With Zoom presentations we can reach anyone anywhere!

CHAMPIONS FOR MENTAL HEALTH



SAVE THE DATE

March 21st, 2026

Delta Hotels by Marriott Regina

Champions for Mental Health –
**Platinum recording artist and lead singer of
the Hunter Brothers, Ty Hunter**



5:00pm Cash Bar & Appetizers
6:00pm Welcome & Dinner
8:00pm Keynote Speaker

To purchase tickets visit:

[https://www.zeffy.com/en-CA/ticketing/
champions-for-mental-health--2026](https://www.zeffy.com/en-CA/ticketing/champions-for-mental-health--2026)

or contact our office at (306) 584-2620



Tickets \$175

Corporate
Table of 8 \$1650

CHARITABLE TAX RECEIPT AVAILABLE.