

Schizophrenia
Society Of
Saskatchewan

NEWSLETTER
Winter 2022



A REASON TO HOPE. THE MEANS TO COPE.
SCHIZOPHRENIA SOCIETY OF SASKATCHEWAN
SOCIÉTÉ DE SCHIZOPHRÉNIE DE LA SASKATCHEWAN
UNE SOURCE D'ESPOIR, DE SOUTIEN ET D'ENTRAIDE.

COVID -19 UPDATE

At this time, our programs and services are offered virtually or via telephone as needed.

Appointments can be made by calling 1-800-584-2620 or by emailing: info@schizophrenia.sk.ca

WELCOME!

Our Society's recent hires, new board members and our goodbyes.

SOCIAL MEDIA

Information on our social media and our challenge to you!

FINISH READING ON PG. 2



PARTNERSHIP PROGRAM

All about our virtual presentations.

MEET THE RESIDENT PSYCHIATRIST

Learn how to book an appointment.

FAMILY RECOVERY JOURNEY & YOUR RECOVERY JOURNEY WITH WRAP.

Information on our latest offerings.

FINISH READING ON PG. 3



WILL POWER

Learn about legacy giving.

40th ANNIVERSARY

Information on this milestone!

CHAMPIONS EVENT

Postponed- New Dates! Learn more.

FINISH READING ON PG. 4 & 5



WELCOME!

Welcome to **Tori Jones** our new practicum student! Tori has been keeping very busy by assisting us with our Partnership Presentations, our Course Offerings, and more!

Welcome to our new executive assistant **Claire Amon**. Claire comes to us with a background in education with a focus on children with disabilities. She is excited to learn more about Schizophrenia and mental health. Welcome!

We are also excited to welcome to the team, a new board member, **Jocelyn Underwood**. Jocelyn comes to us with a wide variety of knowledge and an important financial skill-set!

Farewell to **Angela Coku**, and thank you for all your hard work over the past several years as our executive assistant! We wish you all the best!

Farewell to **Sarah Ouellet**, our interim executive assistant! Your time with us was brief, but you made a big impression. Good luck with your future endeavors.



*Practicum Student
Tori Jones*



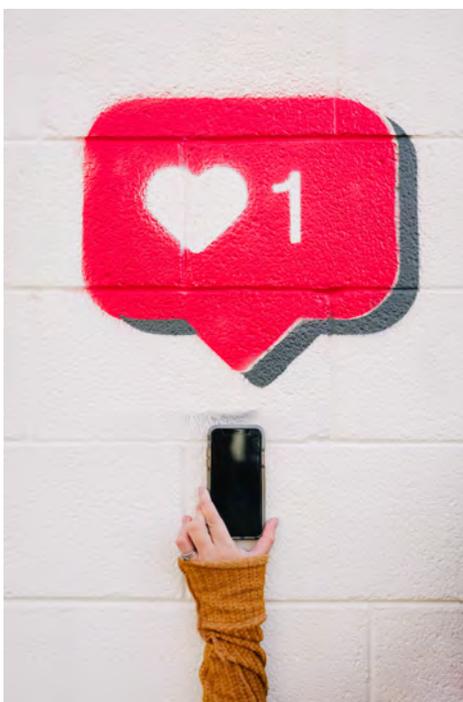
*Executive assistant
Claire Amon*

SOCIAL MEDIA

Did you know by simply liking, commenting, or sharing our social media posts; you can help us to reach a wider audience? It's true!

This is important because more people will hear about our programs, assist us with fundraising, and receive support! All while increasing awareness and reducing stigma! We challenge you to follow our pages and when you see our posts please: like, comment, and share! *It means a lot!*

We can be found on
Facebook as **Schizophrenia Society of Saskatchewan**,
on **Instagram** as **@Schizophreniasocietyofsask**,
& on **Twitter** as **@SZSask**



PARTNERSHIP PROGRAM

To book a Virtual Partnership Program Presentation, contact:

- Saskatoon area (Curtis) at Curtis@schizophrenia.sk.ca
- Regina area (Sean) at Sean@schizophrenia.sk.ca
- Rural and Northern (Jodi) at Jodi@schizophrenia.sk.ca



In 2021 the Partnership Program gave:

279 Presentations!
To a total audience of **7,138.**

MEET THE RESIDENT PSYCHIATRIST

We are pleased to welcome Dr. Christine MacCauley, who will be our resident psychiatrist over the winter season. She will be available via telephone for appointments on select Monday mornings. If you would like to set up a meeting, please contact our office and we will be happy to help you with scheduling a call.

This service is available to clients, volunteers, family members, staff, and any other interested persons. Dr. MacCauley can provide information about mental illness, medications, support, education, and general guidance. *Please note that she does not prescribe medication.*



FAMILY RECOVERY JOURNEY &

YOUR RECOVERY JOURNEY with WRAP



If you are a family member or friend of someone who experiences psychosis or a related mental illness- **Family Recovery Journey** may be the right course for you! Learn about psychosis, how it impacts your loved ones daily living, and how you can support them and yourself. Our next offering of the course will be lead by Heidi beginning March 9th, and by Maria beginning April 11th.

If you are an individual who experiences psychosis or a related mental illness- **Your Recovery Journey with WRAP** may be a good fit for you! This course provides general information, tips on living well with your illness, as well as guidance around a wellness recovery plan. Our next offering, lead by Maria, begins February 28th .

WILL POWER

The SSS recently partnered with **WillPower** to give you an opportunity to leave a donation to our Society in your will . Under “Find Charities”, search for “Schizophrenia Society of Saskatchewan” and you will find all you need to know about what your donation is being used for and how to donate. Thank you for your generosity!



<https://www.willpower.ca/charities/schizophrenia-society-of-saskatchewan/>

40TH ANNIVERSARY



Did you know that 2022 marks the 40th anniversary of the Schizophrenia Society of Saskatchewan? Time sure does fly.

We will be having some special initiatives for this throughout the year. We will be announcing more details soon, so be sure to check back in!

For now we want to say; thank-you for the role you have played in helping us to be a successful organization! Here's to another 40 years (and more) of busting stigma and providing hope!



**Blast from the past!
Previous logos from
our history.**



CHAMPIONS EVENT



Take note that we have **postponed** our Champions event. Our new date is on **October 15th, 2022**. Tickets will be available beginning August 15th. Please see additional details on the following page and feel free to contact us with any questions you may have!

Postponed

Save the Date: Saturday

October 15th, 2022

Dinner and Auctions

Celebrating 40 years

Delta Hotels by Marriott Regina



Winnipeg Jets Assistant General Manager/Manitoba Moose General Manager

Champions for Mental Health – Craig Heisinger

Reception 5:00PM • Dinner 6:00PM

Tickets: \$125 per person

Corporate Table of 8: \$1250 (Tickets non-refundable)

Tickets Available: Aug 15th, 2022

For more information: Call the Schizophrenia Society of Saskatchewan
at (306) 584-2620 or Toll free 1(877) 584-2620

Email: info@schizophrenia.sk.ca